



WHATSheATE



Kristen's Bacon Ranch Potato Salad



Gluten Free



Popular

READY IN



155 min.

SERVINGS



8

CALORIES



372 kcal

SIDE DISH

Ingredients

- ☐ 1.3 cups bacon crumbled cooked
- ☐ 2 bunches green onions thinly sliced
- ☐ 1 ounce ranch dressing mix
- ☐ 2 pounds potatoes red cut into bite-size pieces
- ☐ 1.5 cups cheddar cheese shredded
- ☐ 16 ounce cup heavy whipping cream sour

Equipment

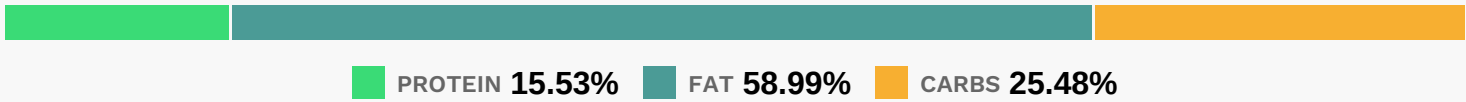
- ☐ bowl

☐ pot

Directions

- ☐ Place the potatoes into a large pot and cover with salted water. Bring to a boil over high heat, then reduce heat to medium-low, cover, and simmer until tender, about 20 minutes.
- ☐ Drain, then run under cold water until cool.
- ☐ Combine the sour cream and ranch dressing mix in a small bowl until well-blended.
- ☐ Transfer the potatoes, bacon, Cheddar cheese, and green onions to a large bowl. Stir in the sour cream mixture until well-coated. Cover and refrigerate for about 2 hours before serving.

Nutrition Facts



Properties

Glycemic Index:7.38, Glycemic Load:0.23, Inflammation Score:-6, Nutrition Score:12.516521697459%

Flavonoids

Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg, Kaempferol: 0.08mg Quercetin: 1.38mg, Quercetin: 1.38mg, Quercetin: 1.38mg, Quercetin: 1.38mg

Nutrients (% of daily need)

Calories: 372.49kcal (18.62%), Fat: 24.57g (37.8%), Saturated Fat: 11.95g (74.72%), Carbohydrates: 23.88g (7.96%), Net Carbohydrates: 21.8g (7.93%), Sugar: 3.61g (4.01%), Cholesterol: 72.12mg (24.04%), Sodium: 739.92mg (32.17%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 14.56g (29.12%), Phosphorus: 280.03mg (28%), Selenium: 17.65µg (25.21%), Calcium: 224.66mg (22.47%), Potassium: 707.81mg (20.22%), Vitamin B6: 0.33mg (16.44%), Vitamin B3: 3.25mg (16.26%), Vitamin K: 17.07µg (16.25%), Vitamin B2: 0.27mg (15.86%), Vitamin B1: 0.21mg (14.1%), Vitamin C: 11.39mg (13.81%), Vitamin A: 639.82IU (12.8%), Zinc: 1.9mg (12.68%), Magnesium: 43.01mg (10.75%), Copper: 0.19mg (9.63%), Manganese: 0.18mg (9.09%), Vitamin B12: 0.54µg (8.94%), Fiber: 2.08g (8.34%), Folate: 32.1µg (8.03%), Vitamin B5: 0.8mg (7.96%), Iron: 1.16mg (6.43%), Vitamin E: 0.49mg (3.29%), Vitamin D: 0.2µg (1.32%)