

Kumquat Caipirinha



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



1114 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients



2 ounces cachaca



1 tablespoon plus light



1 cup ice cubes



6 kumquats seeded cut in half widthwise and



0.5 ounce juice of lemon fresh



2 tablespoons soya sauce



1 cup sugar



1 teaspoon sugar such as turbinado raw

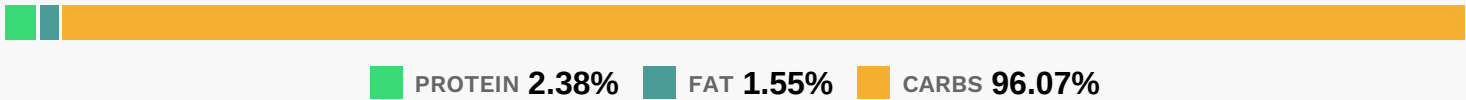
Equipment

☐ sauce pan

Directions

- ☐ In heavy 1 1/2- to 2-quart saucepan over moderately low heat, stir together sugar and 1/2 cup water until well combined.
- ☐ Heat until sugar melts, then simmer mixture, uncovered, without stirring, until medium caramel color, about 25 minutes.
- ☐ Remove from heat and stir in corn syrup. Cool 3 minutes, then stir in soy sauce. Cool completely. (Sauce can be made ahead and stored, tightly covered, at room temperature up to 1 month.)
- ☐ Pour 1/4 teaspoon soy-caramel sauce into bottom of 10-ounce glass (such as double old-fashioned). Set aside.
- ☐ In cocktail shaker, stir together lemon juice and sugar.
- ☐ Add kumquats and, using wooden muddler or spoon, pound and press until kumquats are crushed.
- ☐ Add cachaca and ice cubes and shake vigorously for 5 seconds.
- ☐ Pour (unstrained) into glass with soy-caramel sauce.

Nutrition Facts



Properties

Glycemic Index:104.09, Glycemic Load:143.09, Inflammation Score:-7, Nutrition Score:9.9686955058056%

Flavonoids

Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg, Eriodictyol: 0.69mg Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg, Hesperetin: 2.05mg Naringenin: 65.62mg, Naringenin: 65.62mg, Naringenin: 65.62mg, Naringenin: 65.62mg Apigenin: 24.93mg, Apigenin: 24.93mg, Apigenin: 24.93mg, Apigenin: 24.93mg Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg, Quercetin: 0.05mg

Nutrients (% of daily need)

Calories: 1113.85kcal (55.69%), Fat: 1.73g (2.67%), Saturated Fat: 0.13g (0.79%), Carbohydrates: 241.53g (80.51%), Net Carbohydrates: 233.79g (85.01%), Sugar: 232.44g (258.26%), Cholesterol: 0mg (0%), Sodium: 2050.09mg (89.13%), Alcohol: 22.11g (100%), Alcohol %: 4.1% (100%), Protein: 5.98g (11.95%), Vitamin C: 55.53mg (67.31%), Fiber: 7.74g (30.96%), Manganese: 0.35mg (17.25%), Vitamin B2: 0.2mg (11.61%), Iron: 1.96mg (10.91%), Copper: 0.21mg (10.57%), Magnesium: 40.72mg (10.18%), Vitamin B3: 1.92mg (9.62%), Calcium: 91.17mg (9.12%), Potassium: 308.34mg (8.81%), Folate: 28.69µg (7.17%), Phosphorus: 69.63mg (6.96%), Vitamin A: 331.45IU (6.63%), Vitamin B6: 0.12mg (5.98%), Vitamin B1: 0.08mg (5.32%), Vitamin B5: 0.39mg (3.91%), Zinc: 0.5mg (3.32%), Selenium: 1.66µg (2.37%), Vitamin E: 0.19mg (1.28%)