



La Condesa's Perrito de Sal



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



1

CALORIES



332 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 0.5 ounce chartreuse green
- ☐ 2 tablespoons lime zest finely grated
- ☐ 2 tablespoons granulated sugar
- ☐ 1 grapefruit for garnish
- ☐ 2 ounces grapefruit juice freshly squeezed
- ☐ 0.3 cup kosher salt
- ☐ 1 ounce juice of lime freshly squeezed
- ☐ 1 lime wedges

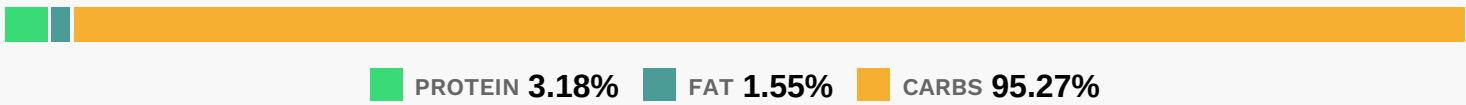
- ☐ 0.5 ounce simple syrup glaze (see note above)
- ☐ 2 ounces frangelico
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Equipment

Directions

- ☐ Combine the grapefruit zest with the salt and sugar.
- ☐ Place the grapefruit salt on a plate. Use a lime wedge to wet the rim of the rocks glass. Press the rim onto the grapefruit salt. Fill with ice.
- ☐ Combine sotol, Green Chartreuse, grapefruit juice, lime juice, and simple syrup into an ice-filled cocktail shaker. Shake for 15 seconds then strain cocktail into glass.
- ☐ Garnish with grapefruit slice and serve.

Nutrition Facts



Properties

Glycemic Index:207.09, Glycemic Load:26.31, Inflammation Score:-10, Nutrition Score:12.889130502939%

Flavonoids

Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg, Eriodictyol: 0.62mg Hesperetin: 16.34mg, Hesperetin: 16.34mg, Hesperetin: 16.34mg, Hesperetin: 16.34mg Naringenin: 84.69mg, Naringenin: 84.69mg, Naringenin: 84.69mg, Naringenin: 84.69mg Luteolin: 1.54mg, Luteolin: 1.54mg, Luteolin: 1.54mg, Luteolin: 1.54mg Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg, Kaempferol: 0.03mg Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg, Myricetin: 0.03mg Quercetin: 1.11mg, Quercetin: 1.11mg, Quercetin: 1.11mg, Quercetin: 1.11mg

Nutrients (% of daily need)

Calories: 331.72kcal (16.59%), Fat: 0.57g (0.88%), Saturated Fat: 0.06g (0.39%), Carbohydrates: 78.99g (26.33%), Net Carbohydrates: 73.89g (26.87%), Sugar: 64.64g (71.82%), Cholesterol: 0mg (0%), Sodium: 37735.21mg (1640.66%), Alcohol: 7.8g (100%), Alcohol %: 1.9% (100%), Protein: 2.64g (5.28%), Vitamin C: 112.36mg (136.19%), Vitamin A: 2977.14IU (59.54%), Fiber: 5.11g (20.42%), Potassium: 518.42mg (14.81%), Calcium: 100.17mg (10.02%), Folate: 39.65µg (9.91%), Vitamin B1: 0.14mg (9.64%), Magnesium: 35.17mg (8.79%), Vitamin B5: 0.83mg (8.27%), Iron: 1.48mg (8.23%), Manganese: 0.16mg (8.11%), Vitamin B6: 0.16mg (7.97%), Copper: 0.14mg (7.14%), Phosphorus:

62.82mg (6.28%), Vitamin B2: 0.1mg (6.04%), Vitamin B3: 0.81mg (4.03%), Vitamin E: 0.46mg (3.07%), Zinc: 0.42mg (2.79%), Selenium: 0.74µg (1.06%)