



La Condesa's Tepache Margarita



Vegetarian



Gluten Free



Dairy Free

READY IN



45 min.

SERVINGS



1

CALORIES



782 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 ounce agave nectar
- ☐ 2 tablespoons ají mirasol paste such as goya or inca's food
- ☐ 2 tablespoons ginger diced peeled
- ☐ 1 teaspoon honey
- ☐ 1.3 ounce lime
- ☐ 0.8 ounce orange liqueur
- ☐ 1 pineapple for garnish
- ☐ 2 ounces tequila

☐ 0.3 cup yuzu juice drink (see note above)

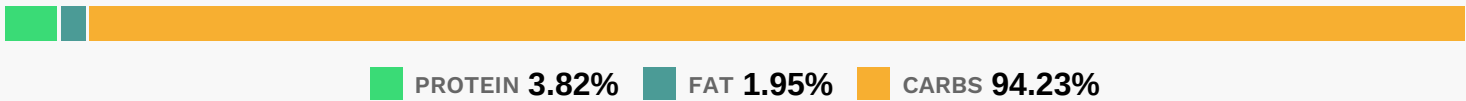
Equipment

- ☐ plastic wrap
- ☐ cheesecloth
- ☐ drinking straws

Directions

- ☐ To make the tepache, mix diced pineapple, yuzu juice, ginger, chili paste, and honey in a glass container. Cover it tightly with plastic wrap and store at room temperature in a shady spot. After 3 days, scrape off the floating "cap" and discard without disturbing the liquid. Cover and allow it to ferment for 3 more days. Scrape the "cap" again and strain the liquid through cheese cloth. Store tepache in the fridge for up to 5 days.
- ☐ To make the cocktail, combine the tequila, orange liqueur, lime juice, tepache, and agave nectar in an ice filled cocktail shaker. Shake for 15 seconds and strain the cocktail into an ice-filled Collins glass.
- ☐ Garnish with the pineapple wedge, and serve with a straw.

Nutrition Facts



Properties

Glycemic Index:187.94, Glycemic Load:67.95, Inflammation Score:-10, Nutrition Score:29.779565199562%

Flavonoids

Hesperetin: 15.24mg, Hesperetin: 15.24mg, Hesperetin: 15.24mg, Hesperetin: 15.24mg Naringenin: 1.2mg, Naringenin: 1.2mg, Naringenin: 1.2mg, Naringenin: 1.2mg Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg, Luteolin: 0.09mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 1.41mg, Quercetin: 1.41mg, Quercetin: 1.41mg, Quercetin: 1.41mg

Nutrients (% of daily need)

Calories: 781.72kcal (39.09%), Fat: 1.49g (2.29%), Saturated Fat: 0.15g (0.96%), Carbohydrates: 161.54g (53.85%), Net Carbohydrates: 147.16g (53.51%), Sugar: 115.08g (127.87%), Cholesterol: 0mg (0%), Sodium: 21.69mg (0.94%), Alcohol: 24.47g (100%), Alcohol %: 2.71% (100%), Caffeine: 5.53mg (1.84%), Protein: 6.54g (13.08%), Vitamin C: 474.83mg (575.55%), Manganese: 8.44mg (422.22%), Fiber: 14.38g (57.52%), Vitamin B6: 1.14mg (56.89%), Copper:

1.12mg (55.8%), Vitamin B1: 0.78mg (51.96%), Folate: 174.87µg (43.72%), Potassium: 1335.02mg (38.14%),
Magnesium: 128.01mg (32%), Vitamin B3: 5.36mg (26.78%), Vitamin B2: 0.35mg (20.87%), Vitamin B5: 2.04mg
(20.38%), Iron: 3.31mg (18.41%), Calcium: 150.59mg (15.06%), Vitamin A: 606.89IU (12.14%), Phosphorus: 110.65mg
(11.07%), Vitamin K: 10.13µg (9.65%), Zinc: 1.27mg (8.46%), Vitamin E: 0.51mg (3.43%), Selenium: 1.86µg (2.65%)