



Leftover Turkey & Stuffing Panini

READY IN



10 min.

SERVINGS



1

CALORIES



792 kcal

LUNCH

MAIN COURSE

MAIN DISH

DINNER

Ingredients

- 1 Tbsp butter softened
- 1 Tbsp real mayo mayonnaise kraft
- 2 slices rustic bread white
- 0.3 cup stove top stuffing mix prepared for turkey
- 3 oz roasted turkey leftover sliced
- 2 Tbsp heinz homestyle roasted turkey gravy
- 2 Tbsp cranberry sauce

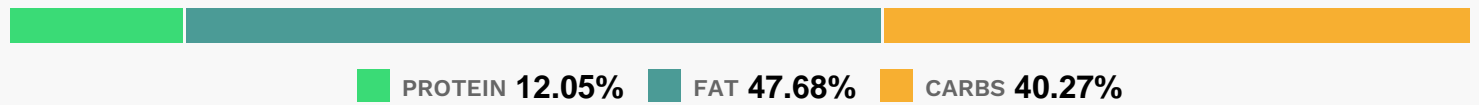
Equipment

- grill
- panini press

Directions

- Heat panini grill.
- Mix gravy and mayo; spread onto bread slices. Fill with turkey, stuffing and cranberry sauce.
- Spread outside of sandwich with butter.
- Grill 3 to 4 min. or until golden brown.

Nutrition Facts



Properties

Glycemic Index:100, Glycemic Load:0.04, Inflammation Score:-6, Nutrition Score:17.723912943964%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg, Pelargonidin: 0.01mg Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg, Luteolin: 0.01mg Myricetin: 0.81mg, Myricetin: 0.81mg, Myricetin: 0.81mg, Myricetin: 0.81mg Quercetin: 0.72mg, Quercetin: 0.72mg, Quercetin: 0.72mg, Quercetin: 0.72mg

Nutrients (% of daily need)

Calories: 792.42kcal (39.62%), Fat: 41.92g (64.49%), Saturated Fat: 18.23g (113.92%), Carbohydrates: 79.66g (26.55%), Net Carbohydrates: 76.04g (27.65%), Sugar: 27.41g (30.46%), Cholesterol: 80.39mg (26.8%), Sodium: 1362.87mg (59.26%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 23.84g (47.67%), Selenium: 41.83µg (59.76%), Vitamin B3: 9.85mg (49.27%), Folate: 130.21µg (32.55%), Vitamin B1: 0.44mg (29.61%), Vitamin B2: 0.4mg (23.55%), Vitamin K: 24.56µg (23.39%), Vitamin B6: 0.46mg (22.87%), Phosphorus: 216.21mg (21.62%), Iron: 3.77mg (20.93%), Manganese: 0.38mg (18.88%), Fiber: 3.62g (14.49%), Vitamin B12: 0.79µg (13.15%), Zinc: 1.75mg (11.65%), Magnesium: 46.58mg (11.64%), Potassium: 382.13mg (10.92%), Copper: 0.2mg (9.88%), Vitamin E: 1.34mg (8.93%), Vitamin A: 411.43IU (8.23%), Vitamin B5: 0.76mg (7.64%), Calcium: 69.43mg (6.94%), Vitamin D: 0.21µg (1.39%)