

## Lemon Angel Cake

READY IN



30 min.

SERVINGS



12

CALORIES



166 kcal

DESSERT

### Ingredients

- 8 ounces angel food cake prepared
- 1 tablespoon powdered sugar
- 1 cup cup heavy whipping cream
- 15 ounces jell-o lemon flavor pudding & pie filling canned

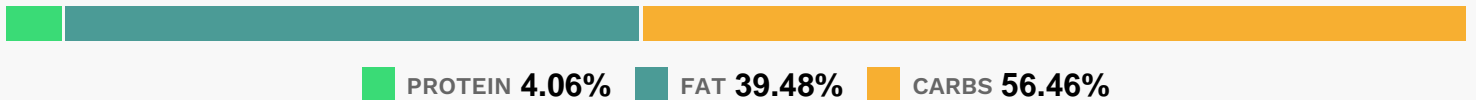
### Equipment

- bowl

### Directions

- In a small bowl, beat cream until it begins to thicken.
- Add confectioners' sugar; beat until stiff peaks form.
- Place pie filling in a bowl; fold in whipped cream.
- Cut cake into two horizontal layers.
- Place bottom layer on a serving plate; top with 1 cup lemon mixture. Top with a second cake layer. Frost top and sides of cake with remaining lemon mixture. Chill for 15 minutes or until serving. Refrigerate leftovers.

## Nutrition Facts



## Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:1.5595651942751%

## Nutrients (% of daily need)

Calories: 166.44kcal (8.32%), Fat: 7.41g (11.41%), Saturated Fat: 4.57g (28.56%), Carbohydrates: 23.86g (7.95%), Net Carbohydrates: 23.82g (8.66%), Sugar: 16.95g (18.84%), Cholesterol: 28.44mg (9.48%), Sodium: 189.47mg (8.24%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.72g (3.43%), Vitamin A: 291.55IU (5.83%), Phosphorus: 55.35mg (5.54%), Selenium: 3.49µg (4.99%), Vitamin B2: 0.07mg (4.22%), Calcium: 28.97mg (2.9%), Vitamin D: 0.32µg (2.12%), Potassium: 44.37mg (1.27%), Vitamin E: 0.18mg (1.23%), Vitamin B1: 0.02mg (1.2%)