



Lemon Blossoms

 Dairy Free

READY IN



84 min.

SERVINGS



60

CALORIES



65 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 4 cups confectioners' sugar
- ☐ 4 large eggs
- ☐ 1.5 ounce lemon pudding mix instant
- ☐ 0.3 cup juice of lemon fresh
- ☐ 1 lemon zest
- ☐ 0.8 cup vegetable oil
- ☐ 3 tablespoons vegetable oil
- ☐ 3 tablespoons water

☐ 9 ounce duncan hines classic decadent cake mix yellow

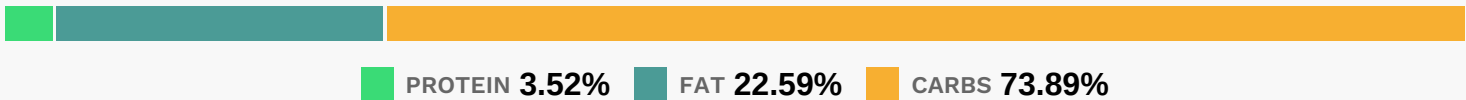
Equipment

- ☐ oven
- ☐ mixing bowl
- ☐ hand mixer
- ☐ kitchen towels
- ☐ muffin tray

Directions

- ☐ Preheat the oven to 350 degrees F.
- ☐ Spray miniature muffin tins with vegetable oil cooking spray.
- ☐ Combine the cake mix, pudding mix, eggs and oil and blend well with an electric mixer until smooth, about 2 minutes.
- ☐ Pour a small amount of batter, filling each muffin tin half way.
- ☐ Bake for 12 minutes. Turn out onto a tea towel
- ☐ To make the glaze, sift the sugar into a mixing bowl.
- ☐ Add the lemon juice, zest, oil, and 3 tablespoons water.
- ☐ Mix with a spoon until smooth.
- ☐ With fingers, dip the cupcakes into the glaze while they're still warm, covering as much of the cake as possible, or spoon the glaze over the warm cupcakes, turning them to completely coat.
- ☐ Place on wire racks with waxed paper underneath to catch any drips.
- ☐ Let the glaze set thoroughly, about 1 hour, before storing in containers with tight-fitting lids.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.80434782997422%

Flavonoids

Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg, Eriodictyol: 0.07mg Hesperetin: 0.2mg, Hesperetin: 0.2mg, Hesperetin: 0.2mg, Hesperetin: 0.2mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

Nutrients (% of daily need)

Calories: 65.28kcal (3.26%), Fat: 1.67g (2.57%), Saturated Fat: 0.36g (2.25%), Carbohydrates: 12.27g (4.09%), Net Carbohydrates: 12.21g (4.44%), Sugar: 9.72g (10.8%), Cholesterol: 12.4mg (4.13%), Sodium: 39.49mg (1.72%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.58g (1.17%), Vitamin K: 2.39µg (2.27%), Phosphorus: 19.92mg (1.99%), Selenium: 1.21µg (1.73%), Vitamin B2: 0.03mg (1.59%), Folate: 4.74µg (1.19%), Vitamin E: 0.18mg (1.18%), Calcium: 11.19mg (1.12%)