

Lemon-Buttermilk Bundt Cake







DESSERT

Ingredients

I tablespoon double-acting baking powder
1 cup buttermilk
4 large eggs
3 cups flour all-purpose plus more for pan
2 teaspoons kosher salt
O.3 cup juice of lemon fresh
O.5 cup lemon zest finely grated

0.8 cup peach preserves

	2.5 cups sugar
	1 cup butter unsalted plus more for pan room temperature (2 sticks)
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Εq	uipment
	bowl
	frying pan
	sauce pan
	oven
	whisk
	sieve
	hand mixer
	kugelhopf pan
D :.	
ווט	rections
	Preheat oven to 350°F. Butter and flour
	Bundt pan; set aside.
	Whisk baking powder,salt, and 3 cups flour in a medium bowl.
	Combine sugar and lemon zest in a largebowl; using your fingertips, rub togetheruntil lemon sugar is well blended.
	Add 1 cup butter to lemon sugar. Usingan electric mixer on high speed, beat untilmixture is light and fluffy, about 4 minutes.
	Add eggs one at a time, beating to blendbetween additions and occasionally scrapingdown sides and bottom of bowl with a rubberspatula, until mixture is light and very fluffy, about 4 minutes longer.
	Reduce speed to low.
	Add dry ingredientsin 3 additions, alternating with buttermilkin 2 additions, beginning and ending withdry ingredients. Scrape batter into preparedpan; smooth top.
	Bake cake until golden brown andbeginning to pull away from sides of pan,60-70 minutes.
	Transfer to a wire rackand let cake cool in pan for 10 minutes.Invert cake onto rack; remove pan and letcool completely. DO AHEAD: Cake can bemade 2 days ahead. Store airtight at

roomtemperature.
Combine preserves and lemon juice in asmall saucepan. Bring to a boil, reduce heat, and simmer, stirring occasionally, until glazeis reduced to 1/2 cup, 6-8 minutes. Strainglaze into a small pitcher or bowl; discardsolids in strainer.
Pour glaze over cooledcake and let sit for at least 10 minutes.
Nutrition Facts
PROTEIN 4.86% FAT 31.44% CARBS 63.7%

Properties

Glycemic Index:32.31, Glycemic Load:65.78, Inflammation Score:-5, Nutrition Score:10.524347802867%

Flavonoids

Eriodictyol: O.3mg, Eriodictyol: O.3mg, Eriodictyol: O.3mg, Eriodictyol: O.3mg Hesperetin: O.88mg, Hesperetin: O.88mg, Hesperetin: O.88mg, Naringenin: O.08mg, Naringenin: O.08mg, Naringenin: O.08mg, Naringenin: O.02mg, Quercetin: O.02mg, Quercetin: O.02mg, Quercetin: O.02mg, Quercetin: O.02mg

Nutrients (% of daily need)

Calories: 610.36kcal (30.52%), Fat: 21.68g (33.36%), Saturated Fat: 12.81g (80.05%), Carbohydrates: 98.84g (32.95%), Net Carbohydrates: 97.01g (35.28%), Sugar: 63.98g (71.09%), Cholesterol: 125.85mg (41.95%), Sodium: 658.15mg (28.62%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 7.54g (15.09%), Selenium: 20.82µg (29.74%), Vitamin B1: 0.32mg (21.55%), Folate: 84.56µg (21.14%), Vitamin B2: 0.36mg (21.13%), Vitamin A: 717.64IU (14.35%), Manganese: 0.28mg (13.87%), Phosphorus: 138.15mg (13.81%), Iron: 2.43mg (13.51%), Calcium: 133.07mg (13.31%), Vitamin C: 10.8mg (13.09%), Vitamin B3: 2.29mg (11.47%), Fiber: 1.82g (7.29%), Vitamin D: 1.05µg (7.02%), Vitamin B5: 0.62mg (6.15%), Copper: 0.11mg (5.65%), Vitamin E: 0.83mg (5.52%), Vitamin B1: 0.33µg (5.45%), Zinc: 0.67mg (4.46%), Potassium: 140.51mg (4.01%), Magnesium: 15.95mg (3.99%), Vitamin B6: 0.08mg (3.8%), Vitamin K: 1.83µg (1.75%)