

Lemon Cake with Whipping Cream Mousse







DESSERT

Ingredients

- 2 teaspoons lemon zest grated
- 0.3 cup powdered sugar
- 2 cups whipping cream
- 1 package cake mix white

Equipment

- bowl
- oven

	hand mixer
Directions	
	Heat oven to 350F (325F for dark or nonstick pans). Make, bake and cool cake as directed on box for two 8-inch or 9-inch round pans.
	In chilled medium bowl, beat whipping cream and powdered sugar with electric mixer on high speed until stiff peaks form. Fold in lemon curd and lemon peel.
	Place 1 cake layer, rounded side down, on serving plate.
	Spread with 1 cup of the lemon mixture to within 1/4 inch of edge. Top with second layer. Frost side and top of cake with remaining lemon mixture. Store loosely covered in refrigerator.
	Nutrition Facts
	PROTEIN 3.62% FAT 41.87% CARBS 54.51%

Properties

Glycemic Index:O, Glycemic Load:O, Inflammation Score:-3, Nutrition Score:3.7099999992744%

Nutrients (% of daily need)

Calories: 288.12kcal (14.41%), Fat: 13.56g (20.87%), Saturated Fat: 8.52g (53.24%), Carbohydrates: 39.72g (13.24%), Net Carbohydrates: 39.31g (14.29%), Sugar: 26.94g (29.93%), Cholesterol: 33.62mg (11.21%), Sodium: 285.17mg (12.4%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 2.64g (5.28%), Phosphorus: 126.18mg (12.62%), Calcium: 90.75mg (9.08%), Vitamin A: 437.45IU (8.75%), Vitamin B2: O.13mg (7.45%), Folate: 23.84µg (5.96%), Selenium: 3.68µg (5.26%), Vitamin B1: O.08mg (5.08%), Vitamin B3: O.79mg (3.96%), Vitamin E: O.56mg (3.7%), Iron: O.66mg (3.68%), Manganese: O.07mg (3.33%), Vitamin D: O.48µg (3.17%), Vitamin K: 1.82µg (1.74%), Vitamin B5: O.17mg (1.72%), Fiber: O.42g (1.67%), Copper: O.03mg (1.49%), Zinc: O.22mg (1.47%), Magnesium: 5.67mg (1.42%), Potassium: 48.73mg (1.39%)