



WHATSheATE



Lemon-Cheesecake Balls



Vegetarian

READY IN



75 min.

SERVINGS



50

CALORIES



77 kcal

DESSERT

Ingredients

- ☐ 8 oz cream cheese softened
- ☐ 3 cups graham cracker crumbs
- ☐ 6 oz lemonade concentrate frozen thawed canned
- ☐ 3.5 cups powdered sugar

Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ baking paper

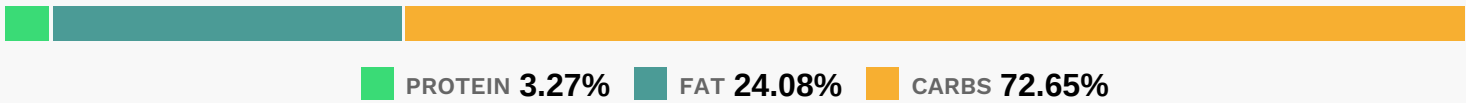
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hand mixer

Directions

- ☐ Line cookie sheet with waxed or parchment paper. In medium bowl, beat cream cheese, lemonade concentrate and powdered sugar with spoon or electric mixer on low speed. Fold in graham cracker crumbs.
- ☐ Using 1 1/2-inch scoop, shape mixture into small balls; place on cookie sheet. Refrigerate 1 hour before serving.

Nutrition Facts



Properties

Glycemic Index:2.02, Glycemic Load:2.78, Inflammation Score:-1, Nutrition Score:0.63086956496472%

Nutrients (% of daily need)

Calories: 76.59kcal (3.83%), Fat: 2.09g (3.21%), Saturated Fat: 1g (6.22%), Carbohydrates: 14.17g (4.72%), Net Carbohydrates: 13.99g (5.09%), Sugar: 11.06g (12.29%), Cholesterol: 4.58mg (1.53%), Sodium: 47.86mg (2.08%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.64g (1.28%), Phosphorus: 15.27mg (1.53%), Vitamin B2: 0.02mg (1.42%), Iron: 0.22mg (1.23%), Vitamin A: 60.92IU (1.22%)