

DESSERT

Lemon Chiffon Cake

14 September 2026

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
180 min	30 min	60 min	10	\$1.08	374 kcal



Lemon Chiffon Cake might be just the dessert you are searching for. One portion of this dish contains around 7g of protein, 14g of fat, and a total of 374 calories. For \$1.08 per serving, this recipe covers 6% of your daily requirements of vitamins and minerals. This recipe serves 10.

Ingredients

- ☐ 1 tablespoon baking powder
- ☐ 1/2 teaspoon cream of tartar
- ☐ 6 egg yolks
- ☐ 8 slices lemon
- ☐ 1 tablespoon lemon zest
- ☐ 1/2 cup vegetable oil
- ☐ 3/4 cup white sugar
- ☐ 1 3/4 cups cake flour
- ☐ 6 egg whites
- ☐ 1 cup heavy whipping cream
- ☐ 2 1/2 cups lemon pie filling
- ☐ 1 teaspoon salt
- ☐ 3/4 cup water

Method

- 1 Preheat oven to 350 degrees F (175 degrees C).
- 2 In a large bowl, combine flour, baking powder, salt, and 1/2 cup sugar.
- 3 Add oil, egg yolks, water and lemon rind. Beat with an electric mixer until smooth.
- 4 In a small bowl, beat egg whites and cream of tartar until peaks form. Gradually add 3/4 cup sugar, and beat until very stiff and shiny peaks form. Fold 1/3 of the whites into the batter, then quickly fold in remaining whites until no streaks remain. Turn batter into ungreased 10-inch tube pan.
- 5 Bake at 350 degrees F (175 degrees C) for 60 minutes or until a toothpick inserted in the center comes out clean. Invert cake and cool completely in pan. When cool, loosen edges and shake pan to remove cake.
- 6 To Make Filling: Beat cream to stiff peaks. Fold in lemon filling. Chill until stiff.
- 7 To Assemble Cake: Slice cake horizontally into 3 equal layers. Fill layers with 1/3 cup of filling.
- 8 Spread remaining filling on top layer. Decorate with lemon slices.

Nutrition per serving

374	7 g	14 g	55 g
KCAL	PROTEIN	FAT	CARBS
Saturated Fat			6.9 g · 43% of daily needs
Fibre			0.8 g · 3% of daily needs
Sugar			34.8 g · 39% of daily needs
Sodium			568 mg · 25% of daily needs
Cholesterol			155 mg · 52% of daily needs
Vitamin C			3.9 mg · 5% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/lemon-chiffon-cake-142551