

# Lemon-Cranberry Mini Loaves

 Vegetarian

READY IN



60 min.

SERVINGS



24

CALORIES



212 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

## Ingredients

- 2 teaspoons double-acting baking powder
- 1 cup butter softened
- 2 cups cranberries dried
- 4 eggs
- 3 cups flour all-purpose
- 0.3 cup juice of lemon
- 2 tablespoons lemon zest grated
- 1 cup milk 2%

- 2 teaspoons salt
- 0.3 cup sugar
- 1 cup walnut pieces chopped

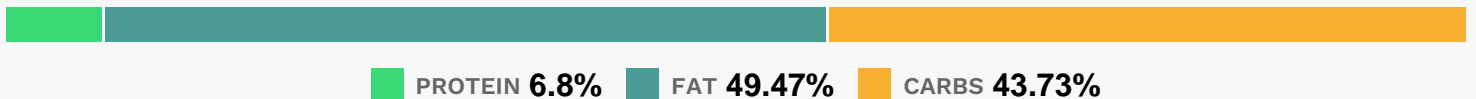
## Equipment

- bowl
- oven
- whisk
- loaf pan
- toothpicks

## Directions

- In a large bowl, cream butter and sugar until light and fluffy.
- Add eggs, one at a time, beating well after each addition. Beat in the lemon juice and peel.
- Combine the flour, baking powder and salt; add to the creamed mixture alternately with milk. Fold in cranberries and walnuts.
- Pour into four greased 5-3/4-in. x 3-in. x 2-in. loaf pans.
- Bake at 350° for 40-45 minutes or until a toothpick inserted near the center comes out clean. For glaze, whisk sugar and lemon juice until sugar is dissolved. Immediately spoon over bread. Cool for 10 minutes before removing from pans to wire racks to cool completely.

## Nutrition Facts



## Properties

Glycemic Index:12.8, Glycemic Load:10.24, Inflammation Score:-3, Nutrition Score:5.1739130175632%

## Flavonoids

Cyanidin: 0.19mg, Cyanidin: 0.19mg, Cyanidin: 0.19mg, Cyanidin: 0.19mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Myricetin: 0.24mg, Myricetin: 0.24mg, Myricetin: 0.24mg

0.24mg, Myricetin: 0.24mg Quercetin: 0.46mg, Quercetin: 0.46mg, Quercetin: 0.46mg, Quercetin: 0.46mg

## **Nutrients (% of daily need)**

Calories: 212.08kcal (10.6%), Fat: 12.02g (18.49%), Saturated Fat: 5.55g (34.67%), Carbohydrates: 23.91g (7.97%), Net Carbohydrates: 22.56g (8.2%), Sugar: 10.2g (11.33%), Cholesterol: 48.4mg (16.13%), Sodium: 305.97mg (13.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.72g (7.44%), Manganese: 0.3mg (15.21%), Selenium: 8.21µg (11.73%), Vitamin B1: 0.15mg (9.92%), Folate: 38.17µg (9.54%), Vitamin B2: 0.14mg (8.44%), Phosphorus: 67.95mg (6.8%), Iron: 1.08mg (6.02%), Vitamin A: 287.37IU (5.75%), Copper: 0.11mg (5.67%), Fiber: 1.35g (5.38%), Vitamin B3: 1.06mg (5.28%), Calcium: 46.76mg (4.68%), Vitamin E: 0.56mg (3.73%), Magnesium: 14.02mg (3.5%), Zinc: 0.42mg (2.82%), Vitamin B5: 0.28mg (2.81%), Vitamin B6: 0.06mg (2.77%), Vitamin B12: 0.13µg (2.22%), Vitamin C: 1.73mg (2.1%), Potassium: 72.89mg (2.08%), Vitamin K: 1.65µg (1.57%)