



## Lemon-Cream Cheese Cookie Cups

READY IN



45 min.

SERVINGS



24

CALORIES



108 kcal

DESSERT

### Ingredients

- 0.3 cup almonds sliced
- 0.5 teaspoon double-acting baking powder
- 8 ounce block
- 1 large eggs
- 1.3 cups flour all-purpose
- 0.3 cup commercial lemon curd fat-free
- 1 teaspoon juice of lemon
- 1 teaspoon lemon rind grated
- 0.3 teaspoon salt

- 0.3 cup stick margarine softened
- 0.5 cup sugar
- 1 teaspoon vanilla extract

## Equipment

- food processor
- bowl
- oven
- knife
- wire rack
- blender
- plastic wrap
- muffin liners
- measuring cup

## Directions

- To prepare dough, beat 1/2 cup sugar and butter at medium speed of a mixer until light and fluffy.
- Add vanilla and egg; beat well. Lightly spoon flour into dry measuring cups; level with a knife.
- Add flour, baking powder, and salt to sugar mixture; beat at low speed until well-blended. Wrap dough in plastic wrap; freeze 15 minutes. Gently press dough into bottom and up sides of 24 miniature muffin cups coated with cooking spray.
- Preheat oven to 35
- To prepare filling, place 1/2 cup sugar and the next 4 ingredients (1/2 cup sugar through cream cheese) in a food processor; process until smooth, scraping sides of processor bowl occasionally. Spoon 1 tablespoon filling into each prepared muffin cup.
- Bake at 350 for 23 minutes or until edges are brown and filling is set.
- Remove cups from pans immediately; cool on a wire rack.
- To prepare topping, spoon 1/2 teaspoon lemon curd onto each cookie cup.
- Sprinkle with almonds.

# Nutrition Facts

PROTEIN 6.65% FAT 51.44% CARBS 41.91%

## Properties

Glycemic Index:11.42, Glycemic Load:6.67, Inflammation Score:-2, Nutrition Score:2.0013043556524%

## Flavonoids

Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg, Cyanidin: 0.02mg Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg, Epigallocatechin: 0.02mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg

## Nutrients (% of daily need)

Calories: 107.56kcal (5.38%), Fat: 6.21g (9.55%), Saturated Fat: 2.57g (16.07%), Carbohydrates: 11.38g (3.79%), Net Carbohydrates: 11.07g (4.02%), Sugar: 6.02g (6.69%), Cholesterol: 17.29mg (5.76%), Sodium: 96.19mg (4.18%), Alcohol: 0.06g (100%), Alcohol %: 0.25% (100%), Protein: 1.8g (3.61%), Selenium: 3.72µg (5.32%), Vitamin A: 226.38IU (4.53%), Vitamin B2: 0.08mg (4.49%), Vitamin B1: 0.06mg (3.76%), Folate: 14.24µg (3.56%), Manganese: 0.07mg (3.43%), Vitamin E: 0.43mg (2.86%), Phosphorus: 28.31mg (2.83%), Iron: 0.4mg (2.21%), Vitamin B3: 0.43mg (2.16%), Calcium: 19.72mg (1.97%), Magnesium: 5.26mg (1.32%), Fiber: 0.31g (1.24%), Vitamin B5: 0.12mg (1.21%), Copper: 0.02mg (1.15%)