



Lemon-Cream Cheese Filling

 Gluten Free

READY IN



45 min.

SERVINGS



5

CALORIES



257 kcal

SIDE DISH

Ingredients

- 3 tablespoons butter softened
- 8 ounce cream cheese softened
- 0.3 cup lemon curd

Equipment

- hand mixer

Directions

Beat cream cheese and butter at medium speed of an electric mixer until creamy; stir in lemon curd. Chill thoroughly.

Nutrition Facts

PROTEIN 4.84% **FAT 80.75%** **CARBS 14.41%**

Properties

Glycemic Index:5.4, Glycemic Load:0.68, Inflammation Score:-5, Nutrition Score:2.5330435330777%

Nutrients (% of daily need)

Calories: 257.01kcal (12.85%), Fat: 23.41g (36.01%), Saturated Fat: 11.23g (70.2%), Carbohydrates: 9.39g (3.13%), Net Carbohydrates: 9.37g (3.41%), Sugar: 8.49g (9.43%), Cholesterol: 45.81mg (15.27%), Sodium: 255.54mg (11.11%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 3.16g (6.32%), Vitamin A: 909.64IU (18.19%), Vitamin B2: 0.11mg (6.32%), Selenium: 3.9µg (5.57%), Phosphorus: 50.47mg (5.05%), Calcium: 46.52mg (4.65%), Vitamin E: 0.65mg (4.34%), Vitamin B5: 0.27mg (2.66%), Potassium: 63.4mg (1.81%), Vitamin B12: 0.11µg (1.8%), Zinc: 0.23mg (1.51%), Vitamin B6: 0.03mg (1.31%), Magnesium: 4.33mg (1.08%), Folate: 4.17µg (1.04%)