



Lemon-Cream Cheese Frosting



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



5

CALORIES



94 kcal

FROSTING

ICING

Ingredients



2 teaspoons lemon zest fresh finely grated



1 cup powdered sugar

Equipment



blender

Directions



Combine ingredients. Beat with a mixer until smooth.

Nutrition Facts



 PROTEIN 0.05%  FAT 0.02%  CARBS 99.93%

Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.12391304289517%

Nutrients (% of daily need)

Calories: 93.74kcal (4.69%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 24.08g (8.03%), Net Carbohydrates: 24g (8.73%), Sugar: 23.51g (26.12%), Cholesterol: 0mg (0%), Sodium: 0.53mg (0.02%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.01g (0.02%), Vitamin C: 1.03mg (1.25%)