



Lemon Cream Sandwich Shortbread Cookies

READY IN



60 min.

SERVINGS



25

CALORIES



91 kcal

DESSERT

Ingredients

- ☐ 0.5 cup butter softened
- ☐ 1 pouch shortbread cookies betty crocker®
- ☐ 3 teaspoons juice of lemon
- ☐ 2 teaspoons lemon zest grated
- ☐ 3 cups powdered sugar
- ☐ 3 teaspoons whipping cream

Equipment

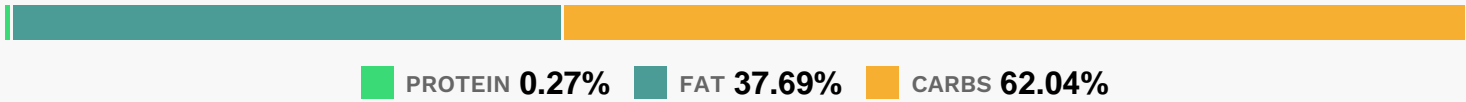
- ☐ bowl

- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ wire rack
- ☐ hand mixer

Directions

- ☐ Heat oven to 400°F (or 375°F for dark or nonstick cookie sheet). Line cookie sheet with cooking parchment paper. In medium bowl, stir cookie mix and 1 cup butter until soft dough forms.
- ☐ On lightly floured surface, roll dough about 1/8 inch thick.
- ☐ Cut into desired shapes, about 2x2 inches.
- ☐ Place 1 inch apart on parchment-lined cookie sheet.
- ☐ Sprinkle with sugar.
- ☐ Bake 6 to 8 minutes or until edges are light golden brown. Cool 2 minutes; remove from cookie sheet to cooling rack. Cool completely, about 15 minutes.
- ☐ Meanwhile, in large bowl, beat Lemon Buttercream Filling ingredients with electric mixer on medium speed until light and fluffy.
- ☐ Spread about 1 heaping measuring teaspoonful filling on bottom of 1 cooled cookie. Top with second cookie, bottom side down; gently press cookies together. Store cookies in airtight container.

Nutrition Facts



Properties

Glycemic Index:4.56, Glycemic Load:0.02, Inflammation Score:-1, Nutrition Score:0.25608696011098%

Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 91.02kcal (4.55%), Fat: 3.91g (6.02%), Saturated Fat: 2.48g (15.47%), Carbohydrates: 14.48g (4.83%), Net Carbohydrates: 14.46g (5.26%), Sugar: 14.13g (15.7%), Cholesterol: 10.44mg (3.48%), Sodium: 29.8mg (1.3%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.06g (0.12%), Vitamin A: 122.43IU (2.45%)