

Lemon Crème Cupcakes







DESSERT

Ingredients

1 box lemon cake mix ye	ellow
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- 12 oz vanilla frosting
- 0.5 cup marshmallow creme
- 12 oz cream cheese frosting
- 2 teaspoons lemon zest grated
- 4 teaspoons juice of lemon fresh
- 0.3 cup star anise

Equipment

	bowl
H	oven
	wire rack
	wooden spoon
	ziploc bags
Dir	rections
	Heat oven to 350°F (325°F for dark or nonstick pans).
	Place paper baking cup in each of 24 regular-size muffins cups. Make and bake cake mix as directed on box for 24 cupcakes. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.
	By slowly spinning end of round handle of wooden spoon back and forth, make deep, 3/4-inch-wide indentation in center of top of each cupcake, not quite to bottom (wiggle end of spoon in cupcake to make opening large enough).
	In small bowl, mix filling ingredients. Spoon into small resealable food-storage plastic bag; seal bag.
	Cut 3/8-inch tip off 1 corner of bag. Insert tip of bag into opening in each cupcake; squeeze bag to fill opening.
	In medium bowl, stir together 1 container butter cream frosting, the lemon peel and lemon juice. Frost cupcakes.
	Sprinkle with stars. Store loosely covered.
	Nutrition Facts
	PROTEIN 2.29% FAT 23.64% CARBS 74.07%
	FROTEIN 2.23/0 FAT 23.04/0 CARDS 74.07/0

Properties

Glycemic Index:2, Glycemic Load:4.18, Inflammation Score:-1, Nutrition Score:2.7956521420375%

Flavonoids

Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 0.12mg, Hesperetin: 0.12mg, Hesperetin: 0.12mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 214.07kcal (10.7%), Fat: 5.74g (8.83%), Saturated Fat: 1.43g (8.93%), Carbohydrates: 40.49g (13.5%), Net Carbohydrates: 39.85g (14.49%), Sugar: 28.93g (32.15%), Cholesterol: Omg (0%), Sodium: 210.39mg (9.15%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 1.25g (2.5%), Phosphorus: 80.69mg (8.07%), Iron: 1.41mg (7.81%), Calcium: 62.5mg (6.25%), Vitamin B2: 0.1mg (5.93%), Manganese: 0.1mg (4.99%), Folate: 16.22µg (4.05%), Vitamin B1: 0.06mg (3.99%), Vitamin B3: 0.61mg (3.04%), Vitamin E: 0.42mg (2.78%), Fiber: 0.64g (2.55%), Vitamin K: 2.47µg (2.35%), Copper: 0.04mg (2.05%), Magnesium: 6.84mg (1.71%), Vitamin B6: 0.03mg (1.66%), Potassium: 56.54mg (1.62%), Zinc: 0.2mg (1.35%), Vitamin C: 1.05mg (1.28%), Selenium: 0.86µg (1.22%), Vitamin B5: 0.11mg (1.08%)