

Lemon Dessert Shots

12 February 2025

TOTAL TIME	PREP	COOK	SERVES	PER SERVING	CALORIES
60 min	30 min	30 min	12	\$0.50	91 kcal



Indulge in a delightful treat that perfectly balances sweetness and tanginess with these refreshing Lemon Dessert Shots! Ideal for gatherings, parties, or simply a sweet escape, these little cups of joy are sure to impress your guests and satisfy your cravings. With a light and creamy texture, each...

Ingredients

- ☐ 10 gingersnap cookies
- ☐ 6 oz container fat-free Greek honey vanilla yogurt
- ☐ 36 raspberries
- ☐ ½ cup marshmallow creme (from 7-oz jar)
- ☐ ½ cup lemon curd (from 10-oz jar)
- ☐ ½ cup Cool Whip lite frozen whipped topping, thawed

EQUIPMENT Bowl, Frying pan, Hand mixer, Ziploc bags, Rolling pin

Method

- 1 In 1-quart resealable food-storage plastic bag, place cookies; seal bag. Crush with rolling pin; place in small bowl.
- 2 In medium bowl, beat cream cheese and marshmallow creme with electric mixer on low speed until smooth. Beat in yogurt until blended.
- 3 Place mixture in 1-quart resealable food-storage plastic bag; seal bag. In 1-pint resealable food-storage plastic bag, place lemon curd; seal bag.
- 4 Cut 1/8-inch opening diagonally across bottom corner of each bag.
- 5 In bottom of each of 12 (2-oz) shot glasses, place 1 raspberry. For each glass, pipe about 2 teaspoons yogurt mixture over raspberry. Pipe 1/4-inch ring of lemon curd around edge of glass; sprinkle with about 1 teaspoon cookies. Repeat.
- 6 Garnish each dessert shot with dollop of about 2 teaspoons whipped topping and 1 raspberry.
- 7 Place in 9-inch square pan. Refrigerate 30 minutes or until chilled but no longer than 3 hours.

Nutrition per serving

	91 KCAL	2 g PROTEIN	2 g FAT	18 g CARBS
Saturated Fat				0.8 g · 5% of daily needs
Fibre				0.6 g · 2% of daily needs
Sugar				12.5 g · 14% of daily needs
Sodium				67.2 mg · 3% of daily needs
Cholesterol				1 mg · 0% of daily needs
Vitamin C				1.6 mg · 2% of daily needs

Adapted from Betty Crocker. Find this recipe, ratings and more ideas at whatsheate.com/lemon-dessert-shots-31484