



## Lemon Dream Tassies

READY IN



130 min.

SERVINGS



36

CALORIES



167 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 17.5 oz sugar cookie mix
- 0.5 cup almonds whole
- 6 tablespoons butter melted
- 3 oz cream cheese softened
- 12 oz lemon curd
- 12 oz fluffy frosting white
- 0.5 cup cool whip frozen thawed
- 1 teaspoon lemon zest grated
- 2 tablespoons almonds sliced

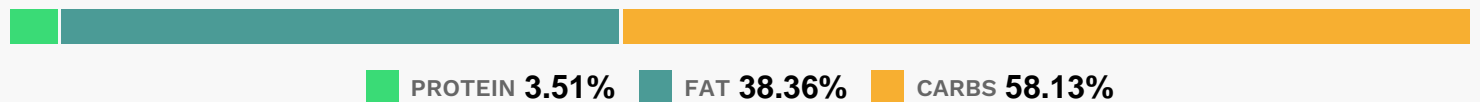
## Equipment

- bowl
- frying pan
- oven
- muffin liners

## Directions

- Heat oven to 375°F. Spray 36 mini muffin cups with cooking spray.
- In large bowl, stir cookie mix, ground almonds, butter and cream cheese until soft dough forms.
- Shape dough into 36 (1 1/4-inch) balls. Press each ball in bottom and up side of muffin cup.
- Bake 12 to 15 minutes or until golden brown. Cool completely in pan, about 30 minutes.
- Remove cookie cups from pan. Fill each with about 1 1/2 teaspoons lemon curd.
- In small bowl, mix frosting and whipped topping until well blended. Pipe or spoon 1 rounded teaspoon frosting mixture on top of each filled cookie cup. Top each with lemon peel and almonds. Store covered in refrigerator.

## Nutrition Facts



## Properties

Glycemic Index:2.5, Glycemic Load:2.82, Inflammation Score:-1, Nutrition Score:1.363478248534%

## Flavonoids

Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg, Cyanidin: 0.06mg Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg, Catechin: 0.03mg Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg, Epigallocatechin: 0.07mg Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg, Epicatechin: 0.02mg Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg, Isorhamnetin: 0.07mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 166.64kcal (8.33%), Fat: 7.16g (11.01%), Saturated Fat: 1.83g (11.45%), Carbohydrates: 24.4g (8.13%), Net Carbohydrates: 24.05g (8.75%), Sugar: 18.4g (20.44%), Cholesterol: 2.55mg (0.85%), Sodium: 115.31mg (5.01%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.47g (2.95%), Vitamin E: 0.89mg (5.93%), Vitamin B2: 0.08mg (4.41%), Manganese: 0.06mg (2.92%), Vitamin A: 117.07IU (2.34%), Magnesium: 7.33mg (1.83%), Phosphorus: 17.71mg (1.77%), Fiber: 0.35g (1.39%), Copper: 0.03mg (1.34%), Vitamin K: 1.28µg (1.22%), Calcium: 11.31mg (1.13%), Vitamin B1: 0.02mg (1.12%), Folate: 4.5µg (1.12%)