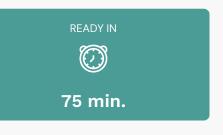


Lemon Drop Cupcakes







DESSERT

Ingredients

i box cake mix write
0.7 cup lemon curd (from 10-oz jar)
1.5 cups powdered sugar

1.5 teaspoons lemon zest grated

1 tablespoon juice of lemon fresh

1 tablespoon milk

0.3 cup gumdrops crushed

Equipment

	oven	
	spatula	
	muffin liners	
Directions		
	Heat oven to 350°F (325°F for dark or nonstick pans).	
	Place paper baking cup in each of 24 regular-size muffin cups. Make cake mix as directed on box, using water, oil and egg whites. Divide batter evenly among muffin cups.	
	Bake and cool as directed on box for cupcakes.	
	Spoon lemon curd into decorating bag fitted with 1/4-inch round tip. Insert tip into center of each cupcake, no more than two-thirds of the way down; gently squeeze bag, pulling upward until filling comes to top of cupcake. (Do not let filling spill out of cupcake.)	
	In medium bowl, mix powdered sugar, lemon peel, lemon juice and milk with spoon until smooth. Dip top of each cupcake in lemon glaze; twist to allow excess to drip off. Smooth top with spatula.	
	Sprinkle with lemon drops.	
Nutrition Facts		
	PROTEIN 3.07% FAT 8.97% CARBS 87.96%	
	FROIEIN 3.01 /0 FAI 0.31 /0 CARBS 01.30 /0	

Properties

bowl

Glycemic Index:4.83, Glycemic Load:1.47, Inflammation Score:-1, Nutrition Score:1.7056521762%

Flavonoids

Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 138.42kcal (6.92%), Fat: 1.39g (2.15%), Saturated Fat: 0.8g (5.02%), Carbohydrates: 30.76g (10.25%), Net Carbohydrates: 30.49g (11.09%), Sugar: 21.34g (23.71%), Cholesterol: 0.08mg (0.02%), Sodium: 169.35mg (7.36%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.08g (2.15%), Phosphorus: 73.31mg (7.33%), Calcium: 48.28mg (4.83%), Folate: 15.22µg (3.81%), Vitamin B1: 0.05mg (3.16%), Vitamin B2: 0.05mg (2.91%), Selenium: 1.93µg (2.75%),

Vitamin B3: 0.52mg (2.58%), Iron: 0.43mg (2.41%), Manganese: 0.04mg (2.24%), Vitamin E: 0.19mg (1.26%), Fiber: 0.27g (1.07%)