

Lemon Drop Martini



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



1

CALORIES



155 kcal

BEVERAGE

DRINK

Ingredients



1 cup ice cubes crushed



1 lemon zest



0.5 ounce juice of lime



1.5 fluid ounce jigger citron vodka



1 serving sugar white



1 ounce mix sweet sour



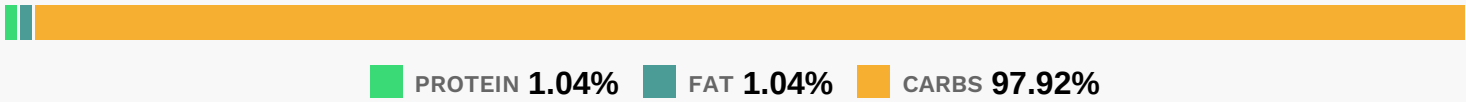
1 ounce mix sweet sour

Equipment

Directions

- ☐ Moisten the edges of a martini glass with a little lime juice, and then dip moistened edges into sugar.
- ☐ Place lemon zest strip in glass.
- ☐ Combine vodka, lime juice, sweet and sour mix, and ice in a shaker. Shake vigorously, and strain into a martini glass.

Nutrition Facts



Properties

Glycemic Index:85.09, Glycemic Load:8.38, Inflammation Score:-2, Nutrition Score:1.2582608681658%

Flavonoids

Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg, Eriodictyol: 0.31mg Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg, Hesperetin: 1.27mg Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg, Naringenin: 0.05mg Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg, Quercetin: 0.07mg

Nutrients (% of daily need)

Calories: 155.02kcal (7.75%), Fat: 0.07g (0.1%), Saturated Fat: 0g (0.02%), Carbohydrates: 14.11g (4.7%), Net Carbohydrates: 13.41g (4.88%), Sugar: 12.47g (13.85%), Cholesterol: 0mg (0%), Sodium: 13.04mg (0.57%), Alcohol: 14.81g (100%), Alcohol %: 6% (100%), Protein: 0.15g (0.3%), Vitamin C: 11.99mg (14.54%), Fiber: 0.69g (2.77%), Copper: 0.05mg (2.62%), Calcium: 17.24mg (1.72%), Magnesium: 4.4mg (1.1%)