



Lemon-Gin Sparkling Cocktails



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



3 min.

SERVINGS



8

CALORIES



137 kcal

BEVERAGE

DRINK

Ingredients



2.7 cups champagne chilled



1 cup hendrick's gin chilled



0.5 cup lemonade concentrate frozen thawed

Equipment

Directions

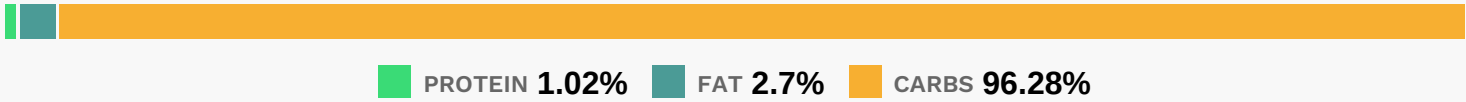


Combine gin and lemonade concentrate in a pitcher; chill until ready to serve.

- ☐
- Just before serving, add Champagne to gin mixture; stir gently.

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Nutrition Facts



Properties

Glycemic Index:1.88, Glycemic Load:0, Inflammation Score:-3, Nutrition Score:0.70695651411686%

Nutrients (% of daily need)

Calories: 136.83kcal (6.84%), Fat: 0.1g (0.16%), Saturated Fat: 0g (0.02%), Carbohydrates: 8.3g (2.77%), Net Carbohydrates: 8.25g (3%), Sugar: 7.48g (8.32%), Cholesterol: 0mg (0%), Sodium: 6.84mg (0.3%), Alcohol: 15.05g (100%), Alcohol %: 15.46% (100%), Protein: 0.09g (0.18%), Vitamin C: 1.94mg (2.35%), Potassium: 80.47mg (2.3%), Magnesium: 8.9mg (2.23%), Iron: 0.34mg (1.89%), Phosphorus: 14.04mg (1.4%)