



Lemon-Glazed Cranberry Rolls

 Dairy Free

READY IN



45 min.

SERVINGS



12

CALORIES



131 kcal

Ingredients

- ☐ 0.7 cup cranberries dried
- ☐ 1.5 teaspoons juice of lemon
- ☐ 0.5 cup orange marmalade
- ☐ 10 ounce pizza crust dough refrigerated canned
- ☐ 0.5 cup powdered sugar sifted
- ☐ 1 teaspoon water hot

Equipment

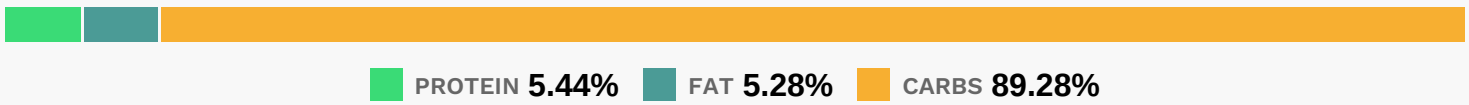
- ☐ bowl
- ☐ frying pan

- ☐ oven
- ☐ wire rack
- ☐ muffin liners

Directions

- ☐ Preheat oven to 37
- ☐ Unroll pizza dough, and pat into a 12 x 9-inch rectangle.
- ☐ Spread marmalade over dough, leaving a 1/2-inch border.
- ☐ Sprinkle cranberries over marmalade, pressing gently into dough. Beginning with a long side, roll up jelly-roll fashion; pinch seam to seal (do not seal ends of roll).
- ☐ Cut roll into 12 (1-inch) slices.
- ☐ Place slices, cut sides up, in muffin cups coated with cooking spray.
- ☐ Bake at 375 for 15 minutes or until golden.
- ☐ Remove rolls from pan, and place on a wire rack.
- ☐ Combine powdered sugar, lemon juice, and hot water in a small bowl, stirring until smooth.
- ☐ Drizzle icing over warm rolls.
- ☐ Note: Substitute 1/3 cup apple jelly for the orange marmalade and 2/3 cup raisins for the cranberries, if desired.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:1, Nutrition Score:0.63260869293109%

Flavonoids

Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg, Cyanidin: 0.04mg Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg, Delphinidin: 0.01mg Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg, Eriodictyol: 0.03mg Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg, Hesperetin: 0.09mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.16mg Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg, Quercetin: 0.31mg

Nutrients (% of daily need)

Calories: 131.24kcal (6.56%), Fat: 0.81g (1.24%), Saturated Fat: 0.19g (1.18%), Carbohydrates: 30.72g (10.24%), Net Carbohydrates: 29.91g (10.88%), Sugar: 19.26g (21.4%), Cholesterol: 0mg (0%), Sodium: 178.74mg (7.77%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.87g (3.75%), Iron: 0.69mg (3.82%), Fiber: 0.81g (3.23%), Vitamin C: 0.9mg (1.09%), Manganese: 0.02mg (1.04%)