



Lemon-Lime Basil Shortbread Cookies

 Vegetarian

READY IN



75 min.

SERVINGS



16

CALORIES



94 kcal

DESSERT

Ingredients

- ☐ 1 cup flour all-purpose
- ☐ 2 tablespoons basil fresh sliced
- ☐ 0.3 teaspoon kosher salt
- ☐ 1 tablespoon juice of lemon fresh
- ☐ 1 teaspoon lemon zest finely grated
- ☐ 0.5 teaspoon lime zest finely grated
- ☐ 0.5 cup powdered sugar plus more for pressing cookies
- ☐ 0.5 cup butter unsalted chilled cut into 1/2" cubes (1 stick)

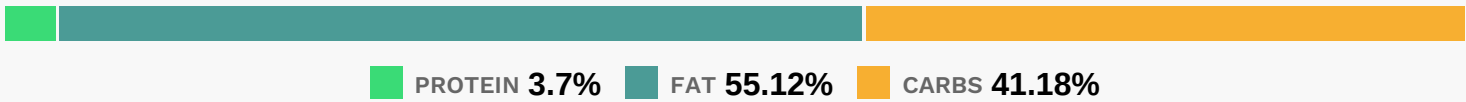
Equipment

- ☐ food processor
- ☐ baking sheet
- ☐ oven
- ☐ wire rack

Directions

- ☐ Preheat oven to 375°F.
- ☐ Place flour, 1/2 cup powdered sugar, butter, basil, both zests, lemon juice, and salt in a food processor. Pulse until large, moist clumps form. Measure level tablespoonfuls of dough; roll between your palms to form balls.
- ☐ Place on a large baking sheet, spacing 2" apart. Lightly dust the bottom of a flat measuring cup with powdered sugar and press cookies into 2" rounds, dusting cup bottom with powdered sugar as needed to prevent sticking.
- ☐ Sprinkle tops of cookies with sanding sugar, if using.
- ☐ Bake until edges are brown, about 20 minutes.
- ☐ Transfer to a wire rack; let cool.
- ☐ Per serving: 90 calories, 6 grams fat, 9 g carbohydrate
- ☐ Bon Appétit

Nutrition Facts



Properties

Glycemic Index:11.06, Glycemic Load:4.32, Inflammation Score:-2, Nutrition Score:1.5047825898813%

Flavonoids

Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg, Eriodictyol: 0.05mg Hesperetin: 0.16mg, Hesperetin: 0.16mg, Hesperetin: 0.16mg, Hesperetin: 0.16mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

Nutrients (% of daily need)

Calories: 94.23kcal (4.71%), Fat: 5.83g (8.98%), Saturated Fat: 3.66g (22.85%), Carbohydrates: 9.81g (3.27%), Net Carbohydrates: 9.57g (3.48%), Sugar: 3.72g (4.14%), Cholesterol: 15.25mg (5.08%), Sodium: 37.38mg (1.63%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 0.88g (1.76%), Vitamin B1: 0.06mg (4.14%), Selenium: 2.74µg (3.92%), Vitamin A: 190.61IU (3.81%), Folate: 14.89µg (3.72%), Manganese: 0.06mg (2.84%), Vitamin B2: 0.04mg (2.48%), Vitamin B3: 0.47mg (2.34%), Iron: 0.38mg (2.09%), Vitamin K: 1.56µg (1.48%), Vitamin E: 0.17mg (1.15%), Phosphorus: 10.38mg (1.04%)