

SIDE DISH

Lemon Mayonnaise

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	4	\$0.41	383 kcal

Lemon Mayonnaise takes approximately 45 minutes from beginning to end. Watching your figure? This gluten free, dairy free, lacto ovo vegetarian, and fodmap friendly recipe has 383 calories, 1g of protein, and 42g of fat per serving. This recipe serves 4.

Ingredients

- ☐ 1½ tablespoons fresh lemon juice
- ☐ 2 teaspoons finely grated lemon zest
- ☐ 1 cup mayonnaise

Method

- 1

Combine the mayonnaise, juice, and zest and mix well. Season to taste. Store in the refrigerator, covered, until ready to serve.

Nutrition per serving			
	383	1 g	42 g
	KCAL	PROTEIN	FAT
Saturated Fat			6.6 g · 41% of daily needs
Sugar			0.5 g · 1% of daily needs
Sodium			356 mg · 15% of daily needs
Cholesterol			23.5 mg · 8% of daily needs
Vitamin C			3.5 mg · 4% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/lemon-mayonnaise-148392