

# Lemon Ricotta Cheesecake with Strawberry Topping







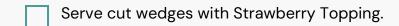
DESSERT

# Ingredients

2 tablespoons breadcrumbs dry fine
6 large eggs
0.5 cup flour all-purpose
1 cup granulated sugar
1 tablespoon lemon zest grated ( 3 lemons)
45 ounce ricotta cheese whole
1 cup cream sour

12 servings strawberry-vin santo sauce

	1 tablespoon vanilla extract	
Equipment		
	food processor	
	bowl	
	frying pan	
	oven	
	knife	
	wire rack	
	roasting pan	
	cake form	
	aluminum foil	
	springform pan	
Directions		
	Heat oven to 32	
	Sprinkle breadcrumbs into a greased 9-inch springform pan. Wrap pan in a large piece of heavy-duty aluminum foil; press foil up sides of pan. Set pan in large roasting pan.	
	Blend ricotta, sour cream, and sugar in a food processor; pulse until smooth, scraping down sides of bowl. Scrape mixture into a large bowl.	
	Add eggs and next 3 ingredients in food processor; pulse until smooth.	
	Pour into bowl with ricotta mixture, stirring until blended.	
	Pour mixture into prepared pan.	
	Place roasting pan on center oven rack.	
	Pour about 1/2 inch boiling water to the pan.	
	Bake about 1 hour and 20 minutes or until cake is set around the edges and lightly golden on top. (The center will jiggle slightly.)	
	Remove cake pan from foil, being careful of hot water in roasting pan. Run a sharp knife around cake. Cool cake in pan on a wire rack 30 minutes.	
	Place on rack in refrigerator; let cool in pan overnight.	



## **Nutrition Facts**

PROTEIN 14.52% FAT 40% CARBS 45.48%

### **Properties**

Glycemic Index:14.34, Glycemic Load:15.38, Inflammation Score:-5, Nutrition Score:9.8721739364707%

#### **Nutrients** (% of daily need)

Calories: 448.26kcal (22.41%), Fat: 20.13g (30.97%), Saturated Fat: 11.57g (72.29%), Carbohydrates: 51.48g (17.16%), Net Carbohydrates: 50.95g (18.53%), Sugar: 28.35g (31.5%), Cholesterol: 158.53mg (52.84%), Sodium: 151.32mg (6.58%), Alcohol: 0.37g (100%), Alcohol %: 0.22% (100%), Protein: 16.43g (32.87%), Selenium: 26.39µg (37.7%), Calcium: 260.49mg (26.05%), Phosphorus: 242.44mg (24.24%), Vitamin B2: 0.4mg (23.52%), Vitamin A: 734.58IU (14.69%), Zinc: 1.71mg (11.38%), Vitamin B12: 0.63µg (10.5%), Folate: 39.32µg (9.83%), Vitamin C: 6.02mg (7.3%), Vitamin B5: 0.73mg (7.26%), Iron: 1.3mg (7.21%), Manganese: 0.13mg (6.65%), Vitamin B1: 0.09mg (5.95%), Potassium: 201.04mg (5.74%), Vitamin B6: 0.11mg (5.3%), Magnesium: 20.2mg (5.05%), Vitamin D: 0.71µg (4.75%), Copper: 0.07mg (3.5%), Vitamin E: 0.5mg (3.31%), Vitamin B3: 0.63mg (3.16%), Fiber: 0.53g (2.14%), Vitamin K: 1.92µg (1.83%)