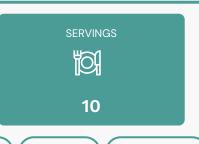


Lemon-Rosemary Coffee Cake







MORNING MEAL

BRUNCH

BREAKFAST

DESSERT

Ingredients

3 large lemons

1 teaspoon double-acting baking powder
0.5 teaspoon baking soda
O.5 cup butter very cold cubed
0.8 cup buttermilk
1 large eggs
2 cups flour all-purpose
1.5 teaspoons rosemary fresh chopped
10 oz lemon curd

	10 servings powdered sugar
	1 sprigs garnishes: rosemary lemon fresh
	0.5 teaspoon salt
	1.3 cups sugar
_	
Eq	uipment
	food processor
	bowl
	frying pan
	baking paper
	oven
	knife
	whisk
	wire rack
	stand mixer
	springform pan
Di	rections
	Preheat oven to 35
	Lightly grease bottom and sides of a 9-inch springform pan. Line bottom of pan with parchment paper.
	Grate zest from lemons to equal 1 Tbsp.
	Cut lemons in half; squeeze juice from lemons into a bowl to equal 5 Tbsp. Reserve zest and 1 Tbsp. lemon juice.
	Combine flour, sugar, and salt in bowl of a food processor; pulse 3 to 4 times or until blended.
	Add butter; pulse 6 to 7 times or until mixture resembles coarse crumbs. Reserve 1 cup flour mixture.
	Transfer remaining flour mixture to bowl of a heavy-duty electric stand mixer.
	Add baking powder and baking soda; beat at low speed until well blended.

	batter is thoroughly blended, stopping to scrape bowl as needed. Stir in rosemary. Spoon half	
	of batter into prepared pan.	
	Whisk lemon curd in a small bowl about 1 minute or until loosened and smooth; carefully spread over batter in pan. Top with remaining half of batter.	
	Stir together reserved lemon zest, 1 Tbsp. lemon juice, and 1 cup flour mixture; sprinkle lemon zest mixture over batter in pan.	
	Bake at 350 for 45 to 50 minutes or until a long wooden pick inserted in center comes out clean.	
	Let cool in pan on a wire rack 10 minutes. Gently run a sharp knife around edge of cake to loosen; remove sides of pan. Cool cake completely on wire rack (about 1 hour). Dust with powdered sugar just before serving.	
	*Greek yogurt may be substituted.	
Nutrition Facts		
PROTEIN 4.61% FAT 27.71% CARBS 67.68%		

Properties

Glycemic Index:36.91, Glycemic Load:32.17, Inflammation Score:-4, Nutrition Score:6.6560868543127%

Flavonoids

Eriodictyol: 6.94mg, Eriodictyol: 6.94mg, Eriodictyol: 6.94mg, Eriodictyol: 6.94mg Hesperetin: 9.07mg, Hesperetin: 9.07mg, Hesperetin: 9.07mg Naringenin: 0.18mg, Naringenin: 0.18mg, Naringenin: 0.18mg, Naringenin: 0.18mg, Naringenin: 0.18mg, Luteolin: 0.62mg, Luteolin: 0.62mg, Luteolin: 0.62mg, Luteolin: 0.62mg Kaempferol: 0.01mg, Kaempferol: 0.01mg, Kaempferol: 0.01mg, Myricetin: 0.16mg, Myricetin: 0.16mg, Myricetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg, Quercetin: 0.37mg

Nutrients (% of daily need)

Calories: 422.69kcal (21.13%), Fat: 13.31g (20.47%), Saturated Fat: 8.06g (50.36%), Carbohydrates: 73.12g (24.37%), Net Carbohydrates: 71.48g (25.99%), Sugar: 51.57g (57.3%), Cholesterol: 44.98mg (14.99%), Sodium: 398.99mg (17.35%), Alcohol: Og (100%), Alcohol %: O% (100%), Protein: 4.98g (9.96%), Vitamin C: 17.23mg (20.88%), Selenium: 11.12µg (15.88%), Vitamin B1: 0.22mg (14.69%), Folate: 52.93µg (13.23%), Vitamin B2: 0.19mg (11.41%), Manganese: 0.18mg (9.21%), Iron: 1.51mg (8.41%), Vitamin B3: 1.53mg (7.67%), Vitamin A: 347.93IU (6.96%), Phosphorus: 68.9mg (6.89%), Fiber: 1.64g (6.58%), Calcium: 62.38mg (6.24%), Vitamin B5: 0.33mg (3.29%), Potassium: 106.39mg (3.04%), Copper: 0.06mg (2.93%), Magnesium: 10.85mg (2.71%), Vitamin B6: 0.05mg (2.62%), Vitamin E: 0.39mg (2.61%), Vitamin B12: 0.15µg (2.44%), Zinc: 0.34mg (2.28%), Vitamin D: 0.33µg (2.23%)