



Lemon Shandy Cupcakes

READY IN



90 min.

SERVINGS



24

CALORIES



249 kcal

DESSERT

Ingredients

- 1 box cake mix yellow
- 1 cup light-bodied wheat beer
- 0.5 cup vegetable oil
- 3 eggs
- 2 teaspoons lemon zest grated
- 4 oz cream cheese softened
- 0.5 cup butter softened
- 0.1 teaspoon salt
- 2 tablespoons light-bodied wheat beer

- 1 teaspoon lemon zest grated
- 1 tablespoon juice of lemon fresh
- 5 cups powdered sugar
- 1 serving honey
- 1 serving lemon wedges

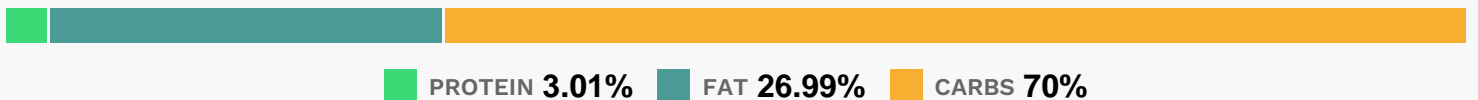
Equipment

- bowl
- oven
- wire rack
- hand mixer
- toothpicks
- muffin liners

Directions

- Heat oven to 350°F (325°F for dark or nonstick pans).
- Place paper baking cup in each of 24 regular-size muffin cups.
- Make cake batter as directed on box, using cake mix, 1 cup beer, the oil and eggs. Stir in 2 teaspoons lemon peel. Divide batter evenly among muffin cups (about two-thirds full).
- Bake 20 to 22 minutes or until toothpick inserted in center comes out clean. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.
- In large bowl, beat cream cheese, butter and salt with electric mixer on low speed until blended. Beat in 2 tablespoons beer, 1 teaspoon lemon peel and the lemon juice. Beat in powdered sugar until blended. If frosting is too thick, beat in more beer, a few drops at a time. Frost cupcakes. Just before serving, drizzle with honey and garnish with lemon wedges. Store loosely covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:9.82, Glycemic Load:0.36, Inflammation Score:-2, Nutrition Score:2.7200000052867%

Flavonoids

Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg, Eriodictyol: 0.04mg Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg, Hesperetin: 0.1mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg

Nutrients (% of daily need)

Calories: 248.78kcal (12.44%), Fat: 7.49g (11.53%), Saturated Fat: 4.05g (25.28%), Carbohydrates: 43.73g (14.58%), Net Carbohydrates: 43.44g (15.8%), Sugar: 34.24g (38.05%), Cholesterol: 35.4mg (11.8%), Sodium: 222.97mg (9.69%), Alcohol: 0.43g (100%), Alcohol %: 0.7% (100%), Protein: 1.88g (3.76%), Phosphorus: 85.51mg (8.55%), Vitamin B2: 0.1mg (5.61%), Calcium: 55.35mg (5.54%), Folate: 18.63µg (4.66%), Selenium: 3.01µg (4.3%), Vitamin A: 211.51IU (4.23%), Vitamin B1: 0.05mg (3.61%), Vitamin E: 0.48mg (3.21%), Iron: 0.57mg (3.18%), Vitamin B3: 0.57mg (2.84%), Vitamin K: 2.74µg (2.61%), Manganese: 0.05mg (2.27%), Vitamin B5: 0.2mg (2.01%), Vitamin B6: 0.03mg (1.73%), Vitamin B12: 0.09µg (1.52%), Fiber: 0.29g (1.15%), Copper: 0.02mg (1.15%), Zinc: 0.16mg (1.08%), Magnesium: 4.08mg (1.02%)