



Lemon Shandy Cupcakes

 Popular

READY IN



90 min.

SERVINGS



24

CALORIES



269 kcal

DESSERT

Ingredients

- 0.5 cup butter softened
- 4 oz cream cheese softened
- 3 eggs
- 24 servings honey
- 1 tablespoon juice of lemon fresh
- 1 teaspoon lemon zest grated
- 2 teaspoons lemon zest grated
- 24 servings lemon wedges

- 5 cups powdered sugar
- 0.1 teaspoon salt
- 0.5 cup vegetable oil
- 1 cup light-bodied wheat beer
- 2 tablespoons light-bodied wheat beer
- 1 box cake mix yellow

Equipment

- bowl
- oven
- wire rack
- hand mixer
- toothpicks
- muffin liners

Directions

- Heat oven to 350F (325F for dark or nonstick pans).
- Place paper baking cup in each of 24 regular-size muffin cups.
- Make cake batter as directed on box, using cake mix, 1 cup beer, the oil and eggs. Stir in 2 teaspoons lemon peel. Divide batter evenly among muffin cups (about two-thirds full).
- Bake 20 to 22 minutes or until toothpick inserted in center comes out clean. Cool in pans 10 minutes; remove from pans to cooling rack. Cool completely, about 30 minutes.
- In large bowl, beat cream cheese, butter and salt with electric mixer on low speed until blended. Beat in 2 tablespoons beer, 1 teaspoon lemon peel and the lemon juice. Beat in powdered sugar until blended. If frosting is too thick, beat in more beer, a few drops at a time. Frost cupcakes. Just before serving, drizzle with honey and garnish with lemon wedges. Store loosely covered in refrigerator.

Nutrition Facts



Properties

Glycemic Index:9.82, Glycemic Load:3.26, Inflammation Score:-2, Nutrition Score:2.8243478225625%

Flavonoids

Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg, Catechin: 0.04mg Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg, Eriodictyol: 0.24mg Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg, Myricetin: 0.01mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg, Gallocatechin: 0.01mg

Nutrients (% of daily need)

Calories: 269.45kcal (13.47%), Fat: 7.5g (11.53%), Saturated Fat: 4.05g (25.29%), Carbohydrates: 49.34g (16.45%), Net Carbohydrates: 49.01g (17.82%), Sugar: 39.77g (44.19%), Cholesterol: 35.4mg (11.8%), Sodium: 223.25mg (9.71%), Alcohol: 0.43g (100%), Alcohol %: 0.64% (100%), Protein: 1.91g (3.82%), Phosphorus: 85.93mg (8.59%), Vitamin B2: 0.1mg (5.77%), Calcium: 56mg (5.6%), Folate: 18.87µg (4.72%), Selenium: 3.07µg (4.38%), Vitamin A: 211.72IU (4.23%), Vitamin B1: 0.05mg (3.64%), Iron: 0.61mg (3.37%), Vitamin E: 0.48mg (3.22%), Vitamin B3: 0.58mg (2.88%), Vitamin K: 2.74µg (2.61%), Manganese: 0.05mg (2.55%), Vitamin B5: 0.21mg (2.08%), Vitamin B6: 0.04mg (1.85%), Vitamin B12: 0.09µg (1.52%), Vitamin C: 1.13mg (1.37%), Fiber: 0.33g (1.32%), Copper: 0.03mg (1.29%), Zinc: 0.18mg (1.18%), Magnesium: 4.29mg (1.07%)