



Lemon Tartar Sauce



Vegetarian



Gluten Free

READY IN



45 min.

SERVINGS



6

CALORIES



48 kcal

SAUCE

Ingredients

- ☐ 1 tablespoon lemon rind grated
- ☐ 0.3 cup mayonnaise light
- ☐ 0.3 cup cup heavy whipping cream sour reduced-fat
- ☐ 0.3 teaspoon salt
- ☐ 0.3 cup toppings: such as pickles sweet finely chopped

Equipment

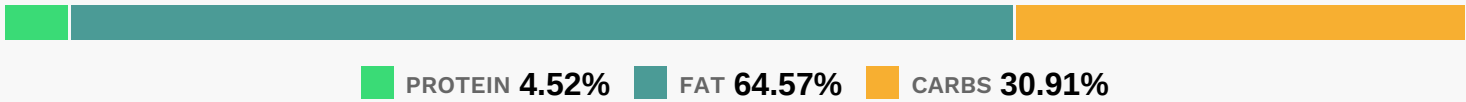
- ☐ bowl

Directions

☐

Combine all ingredients in a small bowl, stirring well.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:1.1739130269574%

Nutrients (% of daily need)

Calories: 47.8kcal (2.39%), Fat: 3.46g (5.33%), Saturated Fat: 1.17g (7.32%), Carbohydrates: 3.73g (1.24%), Net Carbohydrates: 3.54g (1.29%), Sugar: 1.96g (2.18%), Cholesterol: 5.97mg (1.99%), Sodium: 223.59mg (9.72%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.55g (1.09%), Vitamin K: 9.08µg (8.65%), Calcium: 25.16mg (2.52%), Vitamin A: 113.88IU (2.28%), Vitamin E: 0.28mg (1.84%), Vitamin C: 1.46mg (1.78%), Phosphorus: 12.12mg (1.21%), Potassium: 40.1mg (1.15%), Vitamin B2: 0.02mg (1.1%)