



## Lemonade Cupcakes

READY IN



85 min.

SERVINGS



24

CALORIES



220 kcal

DESSERT

## Ingredients

- ☐ 1 box lemon cake mix
- ☐ 0.8 cup water
- ☐ 0.5 cup vegetable oil
- ☐ 0.3 cup juice of lemon fresh
- ☐ 3 eggs
- ☐ 0.3 cup powdered lemonade mix
- ☐ 3 tablespoons water
- ☐ 0.5 cup butter softened
- ☐ 2 tablespoons whipping cream

- ☐ 16 oz powdered sugar
- ☐ 2 drops food coloring yellow
- ☐ 1 slice pumpkin candies and gummy worms
- ☐ 24 small cocoa mix

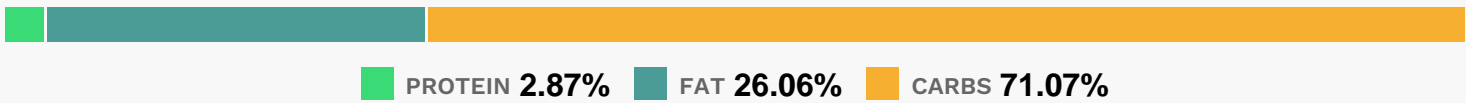
## Equipment

- ☐ bowl
- ☐ oven
- ☐ hand mixer
- ☐ toothpicks
- ☐ muffin liners

## Directions

- ☐ Heat oven to 350°F (325°F for dark or nonstick pans).
- ☐ Place paper baking cup in each of 24 regular-size muffin cups.
- ☐ In large bowl, beat all cupcake ingredients with electric mixer on low speed 30 seconds. Beat on medium speed 2 minutes, scraping bowl occasionally. Divide batter evenly among muffin cups.
- ☐ Bake 18 to 20 minutes or until toothpick inserted in center comes out clean. Cool 10 minutes; remove from pans to cooling racks. Cool completely.
- ☐ In small bowl, stir lemonade mix and 3 tablespoons water until mix is dissolved. In large bowl, beat butter, whipping cream and lemonade mixture with electric mixer on medium speed 2 minutes or until creamy. On low speed, gradually beat in powdered sugar and food color until blended. Frost cupcakes.
- ☐ Garnish with gummy candies and straws.

## Nutrition Facts



## Properties

Glycemic Index:2.08, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:2.6439130435819%

## Flavonoids

Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg, Eriodictyol: 0.12mg Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg, Hesperetin: 0.37mg Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg, Naringenin: 0.04mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

## Nutrients (% of daily need)

Calories: 220.12kcal (11.01%), Fat: 6.5g (10%), Saturated Fat: 3.48g (21.74%), Carbohydrates: 39.86g (13.29%), Net Carbohydrates: 39.54g (14.38%), Sugar: 30.7g (34.11%), Cholesterol: 32.04mg (10.68%), Sodium: 205.92mg (8.95%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.61g (3.22%), Phosphorus: 79.82mg (7.98%), Calcium: 52.57mg (5.26%), Vitamin B2: 0.08mg (4.87%), Folate: 18.07µg (4.52%), Selenium: 2.55µg (3.64%), Vitamin B1: 0.05mg (3.56%), Vitamin A: 166.72IU (3.33%), Iron: 0.58mg (3.24%), Vitamin E: 0.46mg (3.06%), Vitamin K: 2.68µg (2.55%), Vitamin B3: 0.51mg (2.55%), Vitamin C: 1.9mg (2.3%), Manganese: 0.04mg (2.21%), Magnesium: 8.85mg (2.21%), Vitamin B5: 0.18mg (1.76%), Vitamin B6: 0.03mg (1.41%), Vitamin B12: 0.08µg (1.34%), Fiber: 0.32g (1.26%), Copper: 0.02mg (1.19%)