



Lemony Herb Mayonnaise



Vegetarian



Vegan



Gluten Free



Dairy Free

READY IN



5 min.

SERVINGS



8

CALORIES



91 kcal

SIDE DISH

Ingredients

- ☐ 0.5 teaspoon basil leaves dried
- ☐ 0.3 teaspoon garlic powder
- ☐ 0.5 teaspoon fresh-squeezed lemon juice
- ☐ 1 teaspoon oregano leaves dried
- ☐ 0.5 cup veganaise (for egg-free and vegan)

Equipment

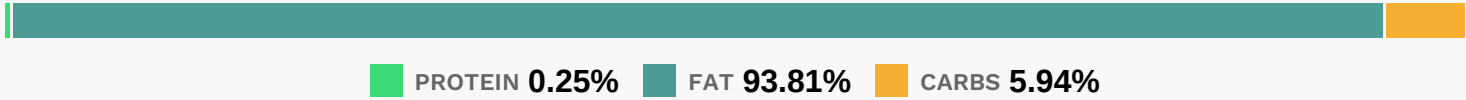
- ☐ bowl
- ☐ whisk

Directions

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Add all ingredients to a small bowl and whisk to thoroughly combine.Cover and refrigerate until ready to serve.

Nutrition Facts



Properties

Glycemic Index:1.25, Glycemic Load:0.01, Inflammation Score:-2, Nutrition Score:0.33652174262249%

Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 0.05mg, Hesperetin: 0.05mg, Hesperetin: 0.05mg, Hesperetin: 0.05mg

Nutrients (% of daily need)

Calories: 91.21kcal (4.56%), Fat: 9.02g (13.87%), Saturated Fat: 1g (6.25%), Carbohydrates: 1.29g (0.43%), Net Carbohydrates: 1.15g (0.42%), Sugar: 0.02g (0.02%), Cholesterol: 0mg (0%), Sodium: 80.11mg (3.48%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.05g (0.11%), Vitamin K: 2.63µg (2.5%)