



Levivot - Fried Israeli Bimuelo Fritters with Sweet Syrup

 Vegetarian

READY IN



45 min.

SERVINGS



24

CALORIES



69 kcal

SIDE DISH

ANTIPASTI

STARTER

SNACK

Ingredients

- ☐ 1 tsp double-acting baking powder
- ☐ 1 eggs
- ☐ 1.5 cups flour
- ☐ 1 cup milk
- ☐ 1 tbsp orange-flower water
- ☐ 1 large bottle vegetable oil; peanut oil preferred for frying
- ☐ 1 pinch salt

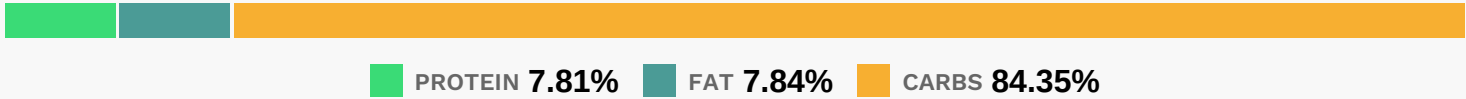
- ☐ 1 cup sugar
- ☐ 0.8 cup water

Equipment

Directions

- ☐ Save Recipe
- ☐ Print Recipe
- ☐ Levivot - Fried Israeli Bimuelo Fritters with Sweet Syrup
- ☐ Levivot Ingredients1 1/2 cups flour1 tsp baking powder
- ☐ Pinch of salt1 egg1 cup milk1 large bottle of grapeseed or peanut oil for frying
- ☐ Levivot Syrup Ingredients1 cup sugar3/4 cup water1 tbsp rosewater or orange blossom water
- ☐ Servings: Makes about 24 levivot
- ☐ Kosher Key: Dairy

Nutrition Facts



Properties

Glycemic Index:11.46, Glycemic Load:10.36, Inflammation Score:-1, Nutrition Score:1.6608695729595%

Nutrients (% of daily need)

Calories: 69.42kcal (3.47%), Fat: 0.61g (0.94%), Saturated Fat: 0.26g (1.63%), Carbohydrates: 14.8g (4.93%), Net Carbohydrates: 14.59g (5.31%), Sugar: 8.83g (9.82%), Cholesterol: 8.04mg (2.68%), Sodium: 29.01mg (1.26%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.37g (2.74%), Selenium: 3.45µg (4.94%), Vitamin B1: 0.07mg (4.52%), Folate: 15.16µg (3.79%), Vitamin B2: 0.06mg (3.68%), Manganese: 0.05mg (2.73%), Phosphorus: 26.54mg (2.65%), Calcium: 26.27mg (2.63%), Vitamin B3: 0.47mg (2.37%), Iron: 0.42mg (2.33%), Vitamin B12: 0.07µg (1.19%)