



Lime Daiquiri



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



5 min.

SERVINGS



4

CALORIES



161 kcal

BEVERAGE

DRINK

Ingredients



1 cup carbonated water



1 cup ice cubes



1 cup rum light



6 ounce limeade concentrate frozen canned

Equipment

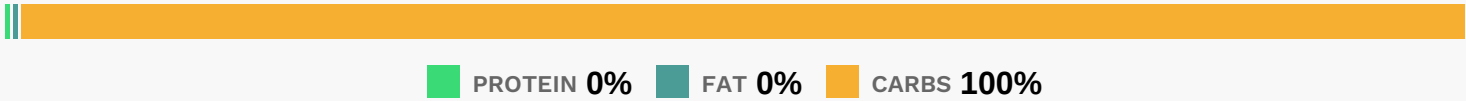


blender

Directions

- ☐ In a blender, combine ice, rum, limeade concentrate and carbonated water. Blend until smooth.
- ☐ Pour into glasses and serve.

Nutrition Facts



Properties

Glycemic Index:3.75, Glycemic Load:0, Inflammation Score:-2, Nutrition Score:0.30695652200476%

Nutrients (% of daily need)

Calories: 160.71kcal (8.04%), Fat: 0g (0%), Saturated Fat: 0g (0%), Carbohydrates: 5.86g (1.95%), Net Carbohydrates: 5.86g (2.13%), Sugar: 5.64g (6.27%), Cholesterol: 0mg (0%), Sodium: 17.25mg (0.75%), Alcohol: 20.04g (100%), Alcohol %: 11.5% (100%), Protein: 0g (0%), Copper: 0.03mg (1.62%), Vitamin C: 1.32mg (1.6%)