



## Lime Meltaways from "The Martha Stewart Show"

 Vegetarian

READY IN



45 min.

SERVINGS



36

CALORIES



73 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 0.8 cup butter unsalted room temperature ()
- 1 cup powdered sugar
- 2 lime zest finely grated
- 2 tablespoons juice of lime fresh
- 1 tablespoon vanilla extract pure
- 1.8 cups flour all-purpose
- 2 tablespoons cornstarch

- 0.3 teaspoon coarse salt

## Equipment

- bowl
- baking sheet
- baking paper
- oven
- whisk
- hand mixer
- ziploc bags

## Directions

- Put butter and 1/3 cup confectioners' sugar in the bowl of an electric mixer fitted with the whisk attachment, and mix on medium speed until pale and fluffy.
- Add lime zest and juice and vanilla, and mix until fluffy.
- Whisk together flour, cornstarch, and salt in a bowl.
- Add to butter mixture, and mix on low speed until just combined.
- Divide dough in half.
- Place each half on an 8-by-12-inch sheet of parchment paper.
- Roll in parchment to form a log 1 1/4 inches in diameter, pressing a ruler along edge of parchment at each turn to narrow log. Refrigerate logs until cold and firm, at least 1 hour.
- Preheat oven to 350 degrees.
- Remove parchment from logs; cut into 1/4-inch-thick rounds. Space rounds 1 inch apart on baking sheets lined with parchment paper.
- Bake cookies until barely golden, about 13 minutes, rotating sheets halfway through.
- Transfer cookies to wire racks to cool slightly, 8 to 10 minutes. While still warm, toss cookies with remaining 2/3 cup sugar in a resealable plastic bag. Cookies can be stored in airtight containers at room temperature up to 2 weeks.

## Nutrition Facts



■ PROTEIN 3.81% ■ FAT 47.84% ■ CARBS 48.35%

## Properties

Glycemic Index:2.97, Glycemic Load:3.45, Inflammation Score:-1, Nutrition Score:1.1986956615811%

## Flavonoids

Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg, Eriodictyol: 0.02mg Hesperetin: 1.68mg, Hesperetin: 1.68mg, Hesperetin: 1.68mg, Hesperetin: 1.68mg Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg, Naringenin: 0.13mg Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg, Quercetin: 0.02mg

## Nutrients (% of daily need)

Calories: 73.05kcal (3.65%), Fat: 3.9g (6.01%), Saturated Fat: 2.44g (15.25%), Carbohydrates: 8.88g (2.96%), Net Carbohydrates: 8.6g (3.13%), Sugar: 3.4g (3.78%), Cholesterol: 10.17mg (3.39%), Sodium: 17.02mg (0.74%), Alcohol: 0.12g (100%), Alcohol %: 0.81% (100%), Protein: 0.7g (1.4%), Vitamin B1: 0.05mg (3.29%), Selenium: 2.16µg (3.08%), Folate: 11.64µg (2.91%), Vitamin A: 120.46IU (2.41%), Manganese: 0.04mg (2.17%), Vitamin B2: 0.03mg (1.97%), Vitamin B3: 0.37mg (1.85%), Iron: 0.31mg (1.73%), Vitamin C: 1.33mg (1.62%), Fiber: 0.28g (1.1%)