



## Lime Ricky Float Margarita

 Gluten Free  Dairy Free

READY IN



10 min.

SERVINGS



4

CALORIES



330 kcal

BEVERAGE

DRINK

### Ingredients

- 0.3 cup agave nectar
- 4 servings cherries fresh with stems for garnish
- 15 cherries fresh pitted
- 4 servings cherry club soda flavored
- 4 servings ice cubes
- 4 servings lime sorbet
- 0.5 cup juice of lime freshly squeezed
- 0.3 cup maraschino liqueur

4 servings mint sprigs fresh for garnish

8 ounces silver tequila

## Equipment

blender

## Directions

Combine the tequila, lime juice, agave nectar, maraschino liqueur and cherries in a blender and blend a few times to coarsely chop the cherries.

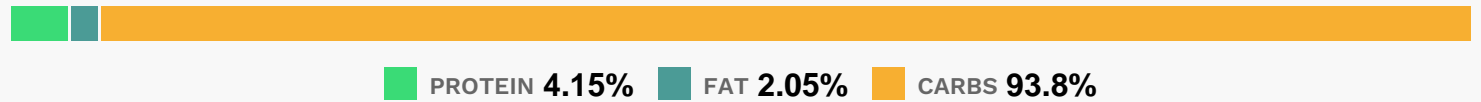
Fill a cocktail shaker with ice.

Pour the cherry mixture into the shaker and shake well.

Put a scoop of sorbet into 4 margarita glasses. Strain the cherry mixture over the top.

Add a splash of club soda and garnish with fresh cherries and mint sprigs.

## Nutrition Facts



## Properties

Glycemic Index:26.5, Glycemic Load:6.94, Inflammation Score:-6, Nutrition Score:5.7534783054953%

## Flavonoids

Cyanidin: 51.36mg, Cyanidin: 51.36mg, Cyanidin: 51.36mg, Cyanidin: 51.36mg Pelargonidin: 0.46mg, Pelargonidin: 0.46mg, Pelargonidin: 0.46mg, Pelargonidin: 0.46mg Peonidin: 2.55mg, Peonidin: 2.55mg, Peonidin: 2.55mg, Peonidin: 2.55mg Catechin: 7.41mg, Catechin: 7.41mg, Catechin: 7.41mg, Catechin: 7.41mg Epigallocatechin: 0.58mg, Epigallocatechin: 0.58mg, Epigallocatechin: 0.58mg, Epigallocatechin: 0.58mg Epicatechin: 8.5mg, Epicatechin: 8.5mg, Epicatechin: 8.5mg, Epicatechin: 8.5mg Epicatechin 3-gallate: 0.09mg, Epicatechin 3-gallate: 0.09mg, Epicatechin 3-gallate: 0.09mg, Epicatechin 3-gallate: 0.09mg Eriodictyol: 0.97mg, Eriodictyol: 0.97mg, Eriodictyol: 0.97mg, Eriodictyol: 0.97mg Hesperetin: 5.82mg, Hesperetin: 5.82mg, Hesperetin: 5.82mg, Hesperetin: 5.82mg Naringenin: 0.35mg, Naringenin: 0.35mg, Naringenin: 0.35mg, Naringenin: 0.35mg Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg, Apigenin: 0.05mg Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg, Luteolin: 0.13mg Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg, Isorhamnetin: 0.09mg Kaempferol: 0.41mg, Kaempferol: 0.41mg, Kaempferol: 0.41mg, Kaempferol: 0.41mg Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg, Myricetin: 0.09mg Quercetin: 4.08mg, Quercetin: 4.08mg, Quercetin: 4.08mg, Quercetin: 4.08mg

## Nutrients (% of daily need)

Calories: 329.56kcal (16.48%), Fat: 0.45g (0.69%), Saturated Fat: 0.07g (0.44%), Carbohydrates: 45.88g (15.29%), Net Carbohydrates: 41.88g (15.23%), Sugar: 36.43g (40.48%), Cholesterol: 0mg (0%), Sodium: 5.18mg (0.23%), Alcohol: 24.9g (100%), Alcohol %: 9% (100%), Protein: 2.03g (4.06%), Vitamin C: 25.67mg (31.11%), Fiber: 3.99g (15.98%), Potassium: 427.33mg (12.21%), Manganese: 0.15mg (7.38%), Copper: 0.14mg (7.01%), Vitamin B6: 0.13mg (6.59%), Vitamin K: 6.89µg (6.56%), Magnesium: 23.05mg (5.76%), Vitamin B2: 0.09mg (5.27%), Vitamin B1: 0.08mg (5.1%), Phosphorus: 44.33mg (4.43%), Iron: 0.77mg (4.26%), Vitamin B5: 0.39mg (3.94%), Folate: 15.65µg (3.91%), Vitamin A: 169.9IU (3.4%), Calcium: 32.94mg (3.29%), Vitamin E: 0.34mg (2.24%), Vitamin B3: 0.44mg (2.19%), Zinc: 0.19mg (1.28%)