



Lime Sorbet Margaritas



Vegetarian



Vegan



Gluten Free



Dairy Free



Low Fod Map

READY IN



45 min.

SERVINGS



8

CALORIES



97 kcal

BEVERAGE

DRINK

Ingredients



1 lime cut into 8 wedges



2 pints lime sorbet



0.3 cup sugar



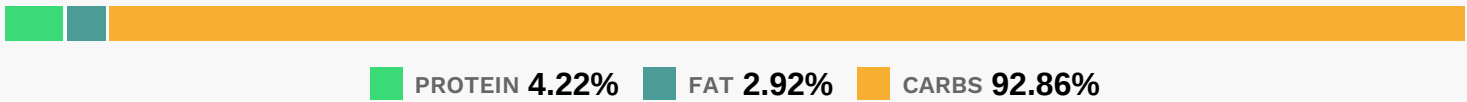
0.5 cup tequila

Equipment

Directions

- ☐ Rub the lime wedges around the rims of 8 stemmed glasses.
- ☐ Place the sugar on a small plate. Turn each glass upside down and dip the rims in the sugar to coat.
- ☐ Place 2 scoops of sorbet in each glass and pour 1 tablespoon of tequila over the top of each.
- ☐ Let everyone dig in. For a nonalcoholic, kid-friendly version of the Lime Sorbet Margaritas, replace the tequila for each glass with 2 tablespoons club soda or seltzer.

Nutrition Facts



Properties

Glycemic Index:18.64, Glycemic Load:7.48, Inflammation Score:-4, Nutrition Score:4.3173913022746%

Flavonoids

Hesperetin: 54.47mg, Hesperetin: 54.47mg, Hesperetin: 54.47mg, Hesperetin: 54.47mg Naringenin: 4.31mg, Naringenin: 4.31mg, Naringenin: 4.31mg, Naringenin: 4.31mg Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg, Quercetin: 0.51mg

Nutrients (% of daily need)

Calories: 96.71kcal (4.84%), Fat: 0.27g (0.42%), Saturated Fat: 0.03g (0.17%), Carbohydrates: 19.53g (6.51%), Net Carbohydrates: 15.98g (5.81%), Sugar: 8.38g (9.31%), Cholesterol: 0mg (0%), Sodium: 2.75mg (0.12%), Alcohol: 5.01g (100%), Alcohol %: 4.29% (100%), Protein: 0.89g (1.77%), Vitamin C: 36.86mg (44.68%), Fiber: 3.55g (14.19%), Copper: 0.09mg (4.3%), Iron: 0.77mg (4.27%), Calcium: 41.86mg (4.19%), Potassium: 129.63mg (3.7%), Vitamin B5: 0.27mg (2.75%), Vitamin B6: 0.05mg (2.73%), Vitamin B1: 0.04mg (2.59%), Folate: 10.13µg (2.53%), Phosphorus: 23.4mg (2.34%), Magnesium: 7.6mg (1.9%), Vitamin E: 0.28mg (1.86%), Vitamin B2: 0.03mg (1.6%), Vitamin B3: 0.26mg (1.28%), Vitamin A: 63.33IU (1.27%)