



Lime Sugar Cookies

 Vegetarian

READY IN



45 min.

SERVINGS



30

CALORIES



142 kcal

DESSERT

Ingredients

- ☐ 2 teaspoons double-acting baking powder
- ☐ 0.8 cup butter softened
- ☐ 2 large egg yolks at room temperature
- ☐ 2.5 cups flour
- ☐ 0.5 teaspoon kosher salt
- ☐ 1 tablespoon juice of lime fresh
- ☐ 2 tablespoons lime zest
- ☐ 0.5 cup cup heavy whipping cream sour

☐ 2 cups sugar divided

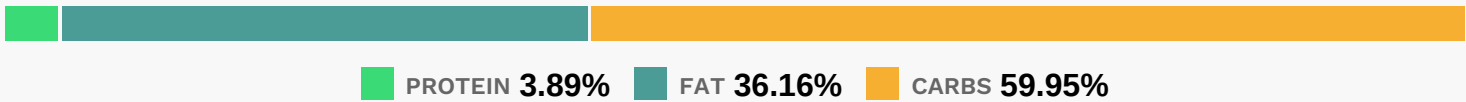
Equipment

- ☐ bowl
- ☐ baking sheet
- ☐ baking paper
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Beat butter, 1 1/2 cups sugar, and lime zest on medium speed with an electric mixer fitted with a paddle until lightly creamed.
- ☐ Add sour cream, and beat just until blended. Stir in egg yolks and lime juice, scraping down sides of bowl.
- ☐ Add salt, baking powder, and flour, and beat until blended. Chill dough 1 hour.
- ☐ Preheat oven to 35
- ☐ Line 2 baking sheets with parchment paper.
- ☐ Place remaining 1/2 cup sugar in a small bowl. Shape dough into 1-inch balls.
- ☐ Roll in sugar, and place on baking sheets.
- ☐ Bake at 350 for 20 to 25 minutes or until edges begin to brown; bottoms will look light golden. (For crispier cookies, bake a few additional minutes.)
- ☐ Remove to wire racks to cool.
- ☐ Remove eggs from refrigerator, and place in a bowl for 30 minutes.

Nutrition Facts



Properties

Glycemic Index:10.64, Glycemic Load:15.14, Inflammation Score:-2, Nutrition Score:2.1182608837667%

Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg, Hesperetin: 0.22mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg

Nutrients (% of daily need)

Calories: 141.57kcal (7.08%), Fat: 5.79g (8.91%), Saturated Fat: 3.43g (21.43%), Carbohydrates: 21.61g (7.2%), Net Carbohydrates: 21.31g (7.75%), Sugar: 13.49g (14.99%), Cholesterol: 26.7mg (8.9%), Sodium: 105.61mg (4.59%), Alcohol: Og (100%), Alcohol %: 0% (100%), Protein: 1.4g (2.81%), Selenium: 4.45µg (6.35%), Vitamin B1: 0.09mg (5.67%), Folate: 21.2µg (5.3%), Vitamin B2: 0.07mg (4.03%), Vitamin A: 182.49IU (3.65%), Manganese: 0.07mg (3.64%), Vitamin B3: 0.62mg (3.11%), Iron: 0.56mg (3.1%), Phosphorus: 25.93mg (2.59%), Calcium: 24.29mg (2.43%), Vitamin E: 0.18mg (1.22%), Fiber: 0.29g (1.18%)