

Lime-Vinegar Sauce

 Dairy Free

READY IN



45 min.

SERVINGS



64

CALORIES



7 kcal

SAUCE

Ingredients

- ☐ 1 tablespoon fish sauce
- ☐ 1 large garlic clove minced
- ☐ 2 tablespoons juice of lime fresh
- ☐ 64 servings try build-a-meal
- ☐ 0.5 teaspoon salt
- ☐ 0.3 cup sugar
- ☐ 1 cup water hot
- ☐ 1 tablespoon vinegar white

Equipment

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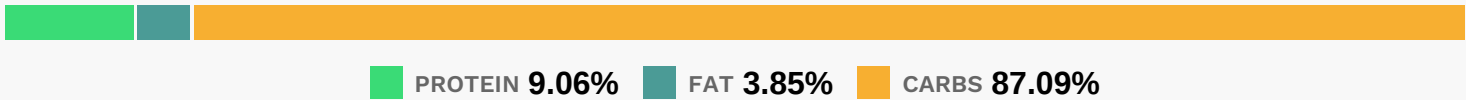
bowl

Directions

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Combine first 3 ingredients in a small bowl; stir well. Cool completely. Stir in juice and remaining ingredients.

Nutrition Facts



Properties

Glycemic Index:2.35, Glycemic Load:0.55, Inflammation Score:-1, Nutrition Score:0.42304347755144%

Flavonoids

Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg, Eriodictyol: 0.01mg Hesperetin: 0.04mg, Hesperetin: 0.04mg, Hesperetin: 0.04mg, Hesperetin: 0.04mg

Nutrients (% of daily need)

Calories: 6.58kcal (0.33%), Fat: 0.03g (0.05%), Saturated Fat: 0g (0.02%), Carbohydrates: 1.53g (0.51%), Net Carbohydrates: 1.3g (0.47%), Sugar: 0.81g (0.9%), Cholesterol: 0mg (0%), Sodium: 40.47mg (1.76%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 0.16g (0.32%), Manganese: 0.07mg (3.44%)