



Limoncello Vinaigrette

 Vegetarian  Vegan  Gluten Free  Dairy Free  Low Fod Map

READY IN



5 min.

SERVINGS



6

CALORIES



33 kcal

SIDE DISH

Ingredients

- 0.3 teaspoon pepper red
- 2 teaspoons juice of lemon
- 1 teaspoon lemon zest grated
- 1.5 teaspoons dijon mustard dijon-style
- 0.5 cup olive oil extra virgin extra-virgin
- 6 servings salt

Equipment

Nutrition Facts

PROTEIN 0.88% FAT 95.91% CARBS 3.21%

Properties

Glycemic Index:5.33, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:0.49347826086957%

Flavonoids

Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg, Eriodictyol: 0.08mg Hesperetin: 0.24mg, Hesperetin: 0.24mg, Hesperetin: 0.24mg, Hesperetin: 0.24mg Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg, Naringenin: 0.02mg Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg, Apigenin: 0.02mg Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg, Luteolin: 0.02mg Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg, Quercetin: 0.01mg

Nutrients (% of daily need)

Calories: 33.34kcal (1.67%), Fat: 3.66g (5.63%), Saturated Fat: 0.5g (3.14%), Carbohydrates: 0.28g (0.09%), Net Carbohydrates: 0.15g (0.06%), Sugar: 0.08g (0.09%), Cholesterol: 0mg (0%), Sodium: 209.02mg (9.09%), Protein: 0.08g (0.15%), Vitamin E: 0.56mg (3.72%), Vitamin K: 2.27µg (2.17%), Vitamin C: 1.08mg (1.31%)