

Linzer Cookie Tarts

airy Free







DESSERT

Ingredients

- 0.5 teaspoon almond extract
- 0.3 cup butter melted
- 1 eggs
- 0.7 cup raspberry jam seedless
- 0.3 cup semi chocolate chips dark
- O.3 cup slivered almonds toasted finely chopped
- 1 pouch sugar cookie mix (1 lb 1.5 oz)

Equipment

	bowl
	baking sheet
	baking paper
	oven
	knife
	cookie cutter
	microwave
Di	rections
	Heat oven to 375F. Line cookie sheet with Reynolds Parchment Paper; set aside. In large bowl, stir together cookie mix and almonds. Stir in melted butter, almond extract and egg until stiff dough forms.
	On floured surface, roll half of dough to 1/4-inch thickness.
	Cut with 2-inch round or fluted cookie cutter. On lined cookie sheets, place cookies 2 inches apart.
	Bake 7 to 9 minutes minutes or until set. Cool 5 minutes; remove from cookie sheets to cooling racks. Cool completely.
	Meanwhile, on floured surface, roll other half of dough to 1/4-inch thickness.
	Cut with linzer cutter with hole in center, OR cut with same 2-inch round or fluted cookie cutter and use small 1-inch cutter or bottle top to cut round hole out of center of each cookie. On lined cookie sheets, place cookies 2 inches apart.
	Bake 7 to 9 minutes or until set. Cool 5 minutes; remove from cookie sheets to cooling racks. Cool completely.
	Spread 1 teaspoon jam on bottom of each whole cookie; top each with cutout cookie to make sandwich cookie. In small microwavable bowl, microwave chocolate chips uncovered on High about 1 minute, stirring after 30 seconds, until melted and stirred smooth. Using tip of fork or knife, drizzle chocolate in lines over cookies.
	Let stand until chocolate is set, about 45 minutes. Store between sheets of Reynolds Parchment Paper in tightly covered container.

Nutrition Facts

Properties

Glycemic Index: 2.03, Glycemic Load: 2.65, Inflammation Score: -1, Nutrition Score: 1.1052174036917%

Flavonoids

Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg, Cyanidin: 0.03mg Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Catechin: 0.01mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.03mg, Epigallocatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.01mg, Epicatechin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg, Isorhamnetin: 0.03mg

Nutrients (% of daily need)

Calories: 117.11kcal (5.86%), Fat: 4.16g (6.39%), Saturated Fat: 0.89g (5.59%), Carbohydrates: 18.87g (6.29%), Net Carbohydrates: 18.5g (6.73%), Sugar: 11.38g (12.64%), Cholesterol: 5.23mg (1.74%), Sodium: 71.01mg (3.09%), Alcohol: 0.02g (100%), Alcohol %: 0.09% (100%), Protein: 1.13g (2.25%), Manganese: 0.05mg (2.7%), Vitamin E: 0.4mg (2.64%), Copper: 0.04mg (2.16%), Vitamin B2: 0.03mg (1.86%), Vitamin A: 92.95IU (1.86%), Magnesium: 6.86mg (1.72%), Iron: 0.27mg (1.53%), Phosphorus: 14.9mg (1.49%), Fiber: 0.37g (1.47%), Folate: 4.42µg (1.11%), Selenium: 0.77µg (1.1%)