



Lit'l Smokies® With Bacon



Gluten Free



Dairy Free



Low Fod Map

READY IN



50 min.

SERVINGS



22

CALORIES



102 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 12 ounce premium bacon thick sliced jimmy dean®
- ☐ 1 cup brown sugar packed
- ☐ 16 ounce lit'l hillshire farm® smokies®
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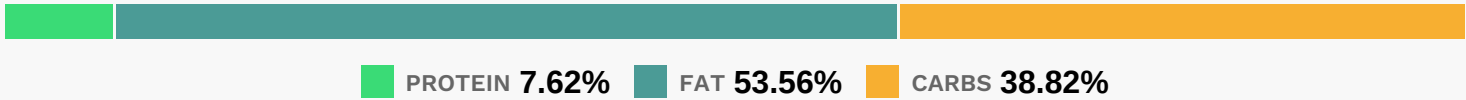
Equipment

- ☐ oven
- ☐ baking pan
- ☐ toothpicks

Directions

- ☐ Preheat oven to 400 degrees F.
- ☐ Cut each bacon slice into 4 pieces. Wrap each Lit'l Smokie with piece of bacon; secure with a toothpick.
- ☐ Place in a 13x9x2 inch baking pan.
- ☐ Sprinkle evenly with brown sugar.
- ☐ Bake for 30 to 35 minutes or until bacon is crisp and sugar is melted. Cool slightly before serving.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:0, Nutrition Score:1.0856521783154%

Nutrients (% of daily need)

Calories: 102.48kcal (5.12%), Fat: 6.14g (9.44%), Saturated Fat: 2.06g (12.85%), Carbohydrates: 10.01g (3.34%), Net Carbohydrates: 10.01g (3.64%), Sugar: 9.7g (10.78%), Cholesterol: 10.21mg (3.4%), Sodium: 105.17mg (4.57%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 1.96g (3.93%), Selenium: 3.23µg (4.61%), Vitamin B3: 0.63mg (3.16%), Vitamin B1: 0.04mg (2.85%), Phosphorus: 22.67mg (2.27%), Vitamin B6: 0.05mg (2.26%), Vitamin B12: 0.08µg (1.29%), Potassium: 43.92mg (1.25%), Zinc: 0.19mg (1.24%)