

Loaded Mashed Potato-Stuffed Biscuits

 **Gluten Free**

READY IN



45 min.

SERVINGS



8

CALORIES



264 kcal

Ingredients

- 1.3 cups milk
- 12 oz oz. bacon into pieces crumbled cooked
- 0.5 cup spring onion chopped (8 medium)
- 0.3 teaspoon garlic powder
- 1 pouch creamy peanut butter prepared mashed
- 4 oz monterrey jack cheese shredded
- 3 oz mozzarella cheese shredded
- 4.5 cups frangelico

Equipment

- bowl
- oven
- toothpicks
- cake form

Directions

- Heat oven to 375°F. Lightly grease or spray bottom and side of 9-inch round cake pan.
- In large bowl, mix Original Bisquick® mix, milk, 1/2 cup of the crumbled bacon, 1/4 cup of the green onions and the garlic powder until smooth soft dough forms.
- On surface lightly sprinkled with Bisquick mix, pat dough 1/2 inch thick. Use round biscuit cutter to cut dough into 16 (3-inch) biscuits.
- On 8 of the biscuits, spoon a heaping tablespoon of the mashed potatoes and a tablespoon of the crumbled bacon onto the centers (you may not use all the potatoes). Top with another biscuit; pinch edges to seal.
- Transfer to cake pan. Arrange biscuits evenly in pan, with 1 biscuit in the center and 7 surrounding it.
- Sprinkle tops and sides of biscuits with 3/4 cup of the shredded Cheddar cheese.
- Bake biscuits about 20 minutes or until golden brown on top and toothpick inserted in center comes out clean.
- Sprinkle remaining 1/4 cup Cheddar cheese and the mozzarella cheese on top of biscuits.
- Bake about 5 minutes longer or until cheese is melted. Top with remaining green onions and crumbled bacon.

Nutrition Facts

  

 **PROTEIN 38.19%**  **FAT 57.65%**  **CARBS 4.16%**

Properties

Glycemic Index:17.88, Glycemic Load:0.91, Inflammation Score:-2, Nutrition Score:4.8226086575052%

Flavonoids

Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg, Kaempferol: 0.09mg Quercetin: 0.67mg, Quercetin: 0.67mg, Quercetin: 0.67mg, Quercetin: 0.67mg

Nutrients (% of daily need)

Calories: 264.03kcal (13.2%), Fat: 17.15g (26.38%), Saturated Fat: 10.96g (68.49%), Carbohydrates: 2.78g (0.93%), Net Carbohydrates: 2.61g (0.95%), Sugar: 2.3g (2.55%), Cholesterol: 86.66mg (28.89%), Sodium: 1444.48mg (62.8%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 25.56g (51.13%), Calcium: 214.09mg (21.41%), Phosphorus: 144.77mg (14.48%), Vitamin K: 13.66µg (13.01%), Vitamin B12: 0.58µg (9.66%), Vitamin B2: 0.15mg (8.64%), Selenium: 4.7µg (6.71%), Zinc: 0.93mg (6.22%), Vitamin A: 309.06IU (6.18%), Vitamin D: 0.57µg (3.83%), Magnesium: 12.37mg (3.09%), Potassium: 99.63mg (2.85%), Vitamin B6: 0.05mg (2.29%), Vitamin B1: 0.03mg (2.14%), Vitamin B5: 0.2mg (2.03%), Folate: 7.45µg (1.86%), Vitamin C: 1.18mg (1.43%), Iron: 0.25mg (1.38%)