

DINNER

Lobster and Wild Mushroom Pizza

6 October 2026

TOTAL TIME	SERVES	PER SERVING	CALORIES
45 min	4	\$4.93	899 kcal

You can never have too many Mediterranean recipes, so give Lobster and Wild Mushroom Pizzan a try. This pescatarian recipe serves 4 and costs \$4.93 per serving. One portion of this dish contains about 19g of protein, 63g of fat, and a total of 899 calories. 1 person found this recipe to be tasty and...

Ingredients

- ☐ 2 tablespoons butter
- ☐ 1 large egg, lightly beaten
- ☐ 1 tablespoon chopped fresh thyme
- ☐ 3½ ounce package fresh oyster mushrooms, sliced
- ☐ ¼ teaspoon freshly ground pepper
- ☐ ¼ teaspoon salt
- ☐ ¼ cup whipping cream
- ☐ 1/3 cup dry white wine
- ☐ 3½ ounce package fresh shiitake mushrooms, sliced and stems removed
- ☐ 8 ounce steamed lobster tail, shelled and thinly sliced (do not overcook)
- ☐ ½ cup freshly grated Parmesan cheese
- ☐ 17.3 ounce 1/2 package frozen puff pastry, thawed
- ☐ 1 large shallot, minced

EQUIPMENT Frying pan, Baking sheet, Oven

Method

- 1

Roll out puff pastry on a lightly floured surface into a 12- x 15-inch rectangle; transfer to an ungreased baking sheet.

- 2 Cut a 1-inch strip from each side, and brush bottom of strips with egg.
- 3 Place strips around edges of pastry rectangle; brush edges with egg. Prick center of pastry with a fork.
- 4 Bake at 400 for 13 to 15 minutes or until golden brown.
- 5 Melt butter in a large nonstick skillet over medium-high heat.
- 6 Add mushrooms and shallot; cook, stirring often, 5 minutes or until mushrooms are tender.
- 7 Add wine and next 3 ingredients; cook 2 minutes or until all liquid is absorbed.
- 8 Add cream, and cook 1 more minute.
- 9 Spread mushroom mixture over baked pastry; top evenly with lobster and cheese.
- 10 Bake at 400 for 5 minutes or until cheese melts.

Nutrition per serving

	899	19 g	63 g	63 g
	KCAL	PROTEIN	FAT	CARBS
Saturated Fat				21.2 g · 133% of daily needs
Fibre				3.5 g · 14% of daily needs
Sugar				3 g · 3% of daily needs
Sodium				812 mg · 35% of daily needs
Cholesterol				109 mg · 36% of daily needs
Vitamin C				3.4 mg · 4% of daily needs

Adapted from My Recipes. Find this recipe, ratings and more ideas at whatsheate.com/lobster-and-wild-mushroom-pizza-148428