

STARTER & SNACK

Low Carbarito Mojito Mixer

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TOTAL TIME	PREP	SERVES	PER SERVING	CALORIES
5 min	5 min	16	\$0.36	35 kcal

Need a gluten free, dairy free, lacto ovo vegetarian, and fodmap friendly hor d'oeuvre? Low Carbarito Mojito Mixer could be an awesome recipe to try. This recipe makes 16 servings with 35 calories, 0g of protein, and 0g of fat each.

Ingredients

- ☐ ¾ cup key lime juice
- ☐ ¾ cup granular no-calorie sucralose sweetener (such as Splenda®)
- ☐ ½ teaspoon mint extract
- ☐ 7½ cups water

Method

- 1 Mix water, key lime juice, sweetener, and mint extract in a large pitcher; stir to dissolve sweetener.

Nutrition per serving			
	35	0 g	0 g
	KCAL	PROTEIN	FAT
			10 g
			CARBS
Saturated Fat			0 g · 0% of daily needs
Sugar			7.7 g · 9% of daily needs
Sodium			5.8 mg · 0% of daily needs
Cholesterol			0 mg · 0% of daily needs
Vitamin C			3.4 mg · 4% of daily needs

Adapted from Allrecipes. Find this recipe, ratings and more ideas at whatsheate.com/low-carbarito-mojito-mixer-148356