



Low-Fat Cherry-Almond Angel Cake

 Dairy Free

READY IN



180 min.

SERVINGS



12

CALORIES



255 kcal

DESSERT

Ingredients

- ☐ 1.5 teaspoons almond extract
- ☐ 1 box angel food cake mix white
- ☐ 2 tablespoons butter melted
- ☐ 2 tablespoons maraschino cherries
- ☐ 0.5 cup maraschino cherries drained chopped well
- ☐ 2 cups powdered sugar
- ☐ 1.3 cups water cold

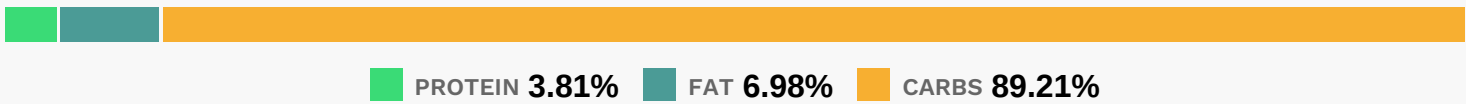
Equipment

- ☐ bowl
- ☐ frying pan
- ☐ oven
- ☐ knife
- ☐ hand mixer
- ☐ cake form

Directions

- ☐ Move oven rack to lowest position (remove other racks).
- ☐ Heat oven to 350F. In extra-large glass or metal bowl, beat cake mix, cold water and extract with electric mixer on low speed 30 seconds. Beat on medium speed 1 minute. Carefully fold in cherries.
- ☐ Pour into ungreased 10-inch angel food (tube) cake pan. (Do not use fluted tube cake pan or 9-inch angel food pan or batter will overflow.)
- ☐ Bake 37 to 47 minutes or until top is dark golden brown and cracks feel very dry and not sticky. Do not underbake. Immediately turn pan upside down onto glass bottle, or rest edges on 2 to 4 cans of equal height until cake is completely cooled, about 2 hours. Run knife around edge of cake; remove from pan.
- ☐ In medium bowl, mix butter, powdered sugar and enough cherry juice for desired spreading consistency.
- ☐ Spread glaze over top of cake, allowing some to drizzle down side.
- ☐ Garnish with whole cherries, if desired.

Nutrition Facts



Properties

Glycemic Index:0, Glycemic Load:0, Inflammation Score:-1, Nutrition Score:2.3226086826914%

Nutrients (% of daily need)

Calories: 254.51kcal (12.73%), Fat: 2.01g (3.09%), Saturated Fat: 0.42g (2.61%), Carbohydrates: 57.73g (19.24%), Net Carbohydrates: 57.15g (20.78%), Sugar: 47.56g (52.84%), Cholesterol: 0mg (0%), Sodium: 334.48mg (14.54%),

Alcohol: 0.17g (100%), Alcohol %: 0.22% (100%), Protein: 2.46g (4.93%), Phosphorus: 128.15mg (12.82%), Selenium: 4.9µg (7%), Calcium: 66.11mg (6.61%), Vitamin B2: 0.11mg (6.23%), Folate: 15.88µg (3.97%), Copper: 0.06mg (2.94%), Manganese: 0.06mg (2.85%), Fiber: 0.58g (2.33%), Vitamin A: 89.01IU (1.78%), Magnesium: 5.02mg (1.26%), Potassium: 39.06mg (1.12%), Vitamin B5: 0.11mg (1.08%)