



Lucrenzia's Coffee

 Gluten Free

READY IN



180 min.

SERVINGS



1

CALORIES



1173 kcal

BEVERAGE

DRINK

Ingredients

- ☐ 0.5 cup ground coffee freshly-ground
- ☐ 4 ounces hot-brewed coffee chilled brewed
- ☐ 3 ounces rum / brandy / coffee liqueur
- ☐ 1 ounce creme de cacao liqueur
- ☐ 1 serving ice cubes
- ☐ 4 ounces milk
- ☐ 1 dash orange bitters
- ☐ 4 tablespoons sugar

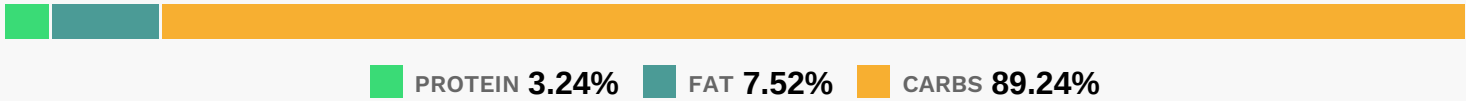
- ☐ 8 ounces vodka
- ☐ 8 ounces water

Equipment

Directions

- ☐ Pour ground coffee and vodka into a jar with a lid. Affix the lid and shake the jar to mix the contents, and set in a sunny window for a few hours. When the vodka has become very dark and infused with coffee, strain in a French press or pour through a coffee filter.
- ☐ Add water and sugar (sugar dissolves best in warm water). Store in an airtight bottle or jar.
- ☐ For the cocktail: Fill a pint glass with ice.
- ☐ Pour in the liqueurs and dash of bitters; stir. In a separate jar with a lid, shake up the milk until frothy, then pour on top of the cocktail.

Nutrition Facts



Properties

Glycemic Index:123.09, Glycemic Load:35.52, Inflammation Score:-7, Nutrition Score:4.7782608737116%

Flavonoids

Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg, Epigallocatechin: 0.05mg
Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg, Epicatechin: 0.05mg Myricetin: 0.06mg,
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0.06mg, Quercetin: 0.06mg

Nutrients (% of daily need)

Calories: 1172.72kcal (58.64%), Fat: 4.06g (6.25%), Saturated Fat: 2.2g (13.73%), Carbohydrates: 108.39g (36.13%),
Net Carbohydrates: 108.39g (39.42%), Sugar: 101.37g (112.63%), Cholesterol: 13.61mg (4.54%), Sodium: 69.05mg
(3%), Alcohol: 100.04g (100%), Alcohol %: 13.43% (100%), Caffeine: 109.71mg (36.57%), Protein: 3.94g (7.88%),
Vitamin B2: 0.27mg (15.75%), Calcium: 150.71mg (15.07%), Phosphorus: 129.27mg (12.93%), Vitamin B12: 0.61µg
(10.21%), Vitamin D: 1.25µg (8.32%), Vitamin B5: 0.71mg (7.11%), Potassium: 228.89mg (6.54%), Vitamin B1: 0.09mg
(6.05%), Magnesium: 19.84mg (4.96%), Copper: 0.07mg (3.73%), Vitamin A: 183.7IU (3.67%), Vitamin B6: 0.07mg
(3.52%), Selenium: 2.44µg (3.49%), Zinc: 0.52mg (3.47%), Vitamin B3: 0.34mg (1.68%), Manganese: 0.03mg (1.63%)