



Luscious Chocolate Truffles

 Gluten Free

READY IN



180 min.

SERVINGS



72

CALORIES



60 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

Ingredients

- ☐ 3 cups semi-sweet chocolate chips
- ☐ 14 ounce condensed milk sweetened canned
- ☐ 1 tablespoon vanilla extract

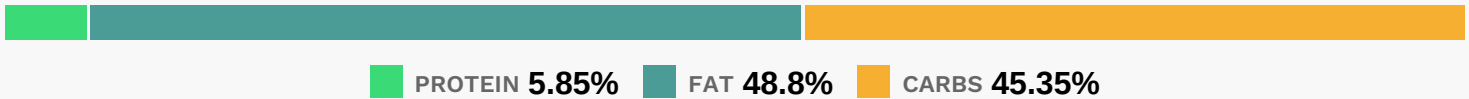
Equipment

- ☐ bowl
- ☐ sauce pan

Directions

- ☐ In large saucepan, melt chocolate chips with sweetened condensed milk.
- ☐ Remove from heat and stir in vanilla.
- ☐ Transfer the mixture into a medium bowl. Cover and chill 2 to 3 hours or until firm.
- ☐ Shape mixture into 1 inch balls; roll in desired covering and/or decorate them. Refrigerate in a tightly covered dish.

Nutrition Facts



Properties

Glycemic Index:0.85, Glycemic Load:1.83, Inflammation Score:-1, Nutrition Score:1.4926086725748%

Nutrients (% of daily need)

Calories: 60.43kcal (3.02%), Fat: 3.27g (5.04%), Saturated Fat: 1.91g (11.93%), Carbohydrates: 6.84g (2.28%), Net Carbohydrates: 6.26g (2.28%), Sugar: 5.7g (6.33%), Cholesterol: 2.31mg (0.77%), Sodium: 7.75mg (0.34%), Alcohol: 0.06g (100%), Alcohol %: 0.61% (100%), Caffeine: 6.27mg (2.09%), Protein: 0.88g (1.76%), Manganese: 0.1mg (4.87%), Copper: 0.09mg (4.6%), Magnesium: 14.29mg (3.57%), Phosphorus: 32.92mg (3.29%), Iron: 0.47mg (2.62%), Fiber: 0.58g (2.33%), Selenium: 1.43µg (2.04%), Calcium: 20.2mg (2.02%), Potassium: 62.06mg (1.77%), Zinc: 0.25mg (1.63%), Vitamin B2: 0.03mg (1.57%)