



## Luscious Lemon-Raspberry Bars

READY IN



125 min.

SERVINGS



16

CALORIES



172 kcal

ANTIPASTI

STARTER

SNACK

APPETIZER

### Ingredients

- 1 package lemon cake mix betty sunkist®
- 0.3 cup water
- 3 eggs
- 0.5 package cream cheese softened (8-ounce size)
- 0.3 cup raspberry jam
- 1 serving powdered sugar

### Equipment

- frying pan

oven

knife

## Directions

Heat oven to 350°F whether using metal or glass pan. Stir Filling

Mix, water and eggs, using fork (a few lumps will remain); set aside.

Press Ready-

Mixed Crust (dry) in bottom of 8- or 9-inch square pan.

Bake 12 minutes.

Drop cream cheese by spoonfuls onto hot crust and return pan to oven about 2 minutes to further soften cream cheese. Carefully spread cream cheese over crust. Stir filling mixture; pour over cream cheese.

Bake 35 to 40 minutes or until top begins to brown and center is set. Cool 10 minutes.

Spread preserves over top. Cool completely, about 1 hour.

Sprinkle with powdered sugar. For 16 bars, cut into 4 rows by 4 rows. For ease in cutting, use sharp or wet knife. Store covered in refrigerator.

## Nutrition Facts



**PROTEIN 6.23%** **FAT 21.44%** **CARBS 72.33%**

## Properties

Glycemic Index:5.13, Glycemic Load:2.09, Inflammation Score:-1, Nutrition Score:3.5495652297269%

## Nutrients (% of daily need)

Calories: 172.14kcal (8.61%), Fat: 4.12g (6.33%), Saturated Fat: 2.21g (13.81%), Carbohydrates: 31.24g (10.41%), Net Carbohydrates: 30.79g (11.2%), Sugar: 17.35g (19.28%), Cholesterol: 37.82mg (12.61%), Sodium: 271.08mg (11.79%), Alcohol: 0g (100%), Alcohol %: 0% (100%), Protein: 2.69g (5.38%), Phosphorus: 125.07mg (12.51%), Calcium: 80.87mg (8.09%), Vitamin B2: 0.13mg (7.81%), Folate: 27.07µg (6.77%), Selenium: 4.22µg (6.03%), Vitamin B1: 0.08mg (5.36%), Iron: 0.85mg (4.73%), Vitamin B3: 0.76mg (3.81%), Manganese: 0.07mg (3.35%), Vitamin E: 0.45mg (3.01%), Vitamin B5: 0.29mg (2.85%), Vitamin A: 139.4IU (2.79%), Vitamin B6: 0.04mg (2.2%), Vitamin B12: 0.12µg (2.02%), Copper: 0.04mg (1.83%), Fiber: 0.45g (1.78%), Zinc: 0.23mg (1.55%), Magnesium: 5.12mg (1.28%), Potassium: 39.99mg (1.14%), Vitamin D: 0.17µg (1.1%), Vitamin K: 1.11µg (1.06%)