



Macaroon Cookies

READY IN



45 min.

SERVINGS



48

CALORIES



111 kcal

DESSERT

Ingredients

- ☐ 1 teaspoons almond extract
- ☐ 2 teaspoons double-acting baking powder
- ☐ 0.3 cup butter softened
- ☐ 3 ounce cream cheese softened
- ☐ 1 egg yolk
- ☐ 1.3 cups flour all-purpose
- ☐ 10 ounce hershey's kisses chocolates
- ☐ 2 teaspoons orange juice
- ☐ 0.3 teaspoon salt

- ☐ 0.8 cup sugar
- ☐ 5 cups coconut or sweetened divided flaked

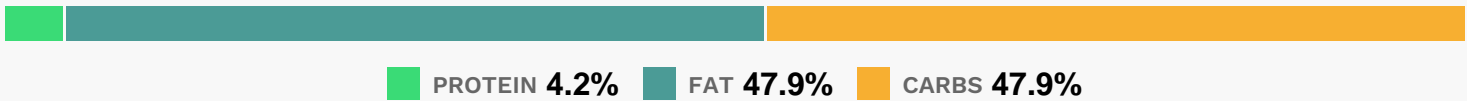
Equipment

- ☐ baking sheet
- ☐ oven
- ☐ hand mixer

Directions

- ☐ Beat first 3 ingredients at medium speed with an electric mixer until blended.
- ☐ Add egg yolk, orange juice, and almond extract, beating until mixture is blended.
- ☐ Combine flour, baking powder, and salt; gradually add to butter mixture, beating until blended. Stir in 3 cups coconut. Cover and chill 1 hour.
- ☐ Shape dough into 1-inch balls; roll balls in remaining 2 cups coconut, and place on ungreased baking sheets.
- ☐ Bake at 350 for 11 to 13 minutes or until cookies are lightly browned.
- ☐ Remove from oven, and press 1 chocolate into center of each warm cookie. Cool on baking sheets 1 minute.
- ☐ Remove to wire racks to cool completely.

Nutrition Facts



Properties

Glycemic Index:6.59, Glycemic Load:4.06, Inflammation Score:-1, Nutrition Score:1.5386956407%

Flavonoids

Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg, Hesperetin: 0.03mg Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg, Naringenin: 0.01mg

Nutrients (% of daily need)

Calories: 111.28kcal (5.56%), Fat: 6.17g (9.48%), Saturated Fat: 3.97g (24.84%), Carbohydrates: 13.87g (4.62%), Net Carbohydrates: 12.76g (4.64%), Sugar: 9.68g (10.76%), Cholesterol: 7.26mg (2.42%), Sodium: 80.57mg (3.5%), Alcohol: 0.03g (100%), Alcohol %: 0.14% (100%), Protein: 1.22g (2.44%), Manganese: 0.11mg (5.4%), Fiber: 1.11g (4.43%), Selenium: 2.91µg (4.16%), Calcium: 25.23mg (2.52%), Iron: 0.37mg (2.06%), Phosphorus: 19.8mg (1.98%), Vitamin B1: 0.03mg (1.89%), Folate: 7.03µg (1.76%), Vitamin A: 86.17IU (1.72%), Copper: 0.03mg (1.59%), Vitamin B2: 0.02mg (1.46%), Magnesium: 5.54mg (1.39%), Vitamin B3: 0.26mg (1.29%), Potassium: 39.66mg (1.13%)